



**“BORDERLINE PERSONALITY DISORDER: ASSESSMENT AND TREATMENT” (A028)**

2009 Videoconference Series

Quiz for General CEUs, Act 48, CAC/CCDP, CME, CPRP, NBCC, Personal Care Home Administrators, Psychologist or Social Work/LPC/LMFT Continuing Education Credit (2.0 credit hours)

**DIRECTIONS: Complete this test after viewing the web cast of the videoconference listed above.**

In order for Western Psychiatric Institute and Clinic to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit on the next page. After finishing, sign where indicated on the second page and return both forms by mail to:

Jennifer Lichok  
WPIC/OERP  
4601 Baum Building, Room 178  
3811 O'Hara Street  
Pittsburgh, PA 15213

**TRUE/FALSE – Please indicate whether the question is true or false.**

- 1. Recent research suggests that a threshold of three diagnostic criteria (rather than the current threshold of five criteria used for a categorical diagnosis) provides a good indicate of the presence of borderline personality disorder.**  
A. True  
B. False
- 2. Suicidity is not one of the diagnostic criteria that show differences related to age.**  
A. True  
B. False
- 3. Attachment theory is fundamentally a model of emotional experience and their regulation in the context of close, interpersonal relationships, and for this reason it can be helpful in understanding and treatment borderline personality disorder.**  
A. True  
B. False
- 4. The interpersonal challenges posed by patients with personality disorders (especially BPD) require that clinicians treating such patients work together in teams providing peer supervision in order to ensure the best standard of care.**  
A. True  
B. False
- 5. A patient is considered to be receiving Dialectical Behavior Therapy when he/she is only enrolled in skills groups.**  
A. True  
B. False

**PLEASE CONTINUE TO NEXT PAGE**



**TRUE/FALSE – Please indicate whether the question is true or false.**

- 6. Dialectical Behavior Therapy is a protocol-driven treatment.**
  - A. True
  - B. False
- 7. The main dialectic in Dialectical Behavior Therapy concerns balancing acceptance strategies while continually pushing for change.**
  - A. True
  - B. False
- 8. The following is the treatment hierarchy for individual therapy in order of treatment priority for Stage 1 Dialectical Behavior Therapy**
  - 1. suicidal behavior**
  - 2. therapy-interfering behavior**
  - 3. quality of life interfering behavior**
  - 4. skills use**
  - A. True
  - B. False
- 9. During Dialectical Behavior Therapy treatment team meetings, the priority is for clinicians to work together to make sure that the administrative aspects of the program are running smoothly.**
  - A. True
  - B. False
- 10. Telephone coaching is an opportunity for patients to receive help from their therapist in using skillful means to manage suicidal urges.**
  - A. True
  - B. False



*Western Psychiatric Institute and Clinic*  
*Office of Education and Regional Programming*

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**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR  
General CEUs, Act 48, CAC/CCDP, CME, CPRP, NBCC, Personal Care Home  
Administrators, Psychologists and Social Work/LPC/LMFT (2.0 CREDIT HOURS)**

**INSTRUCTIONS:** In order for Western Psychiatric Institute and Clinic to record the credit you earn by viewing this program, we request that you follow the directions below:

1. Print your name, address, and social security number clearly below.
2. Sign the statement affirming your attendance at the session.
3. **Return with payment to:**

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4601 Baum Building, Room 178  
3811 O'Hara Street  
Pittsburgh, PA 15213

I hereby affirm that I viewed the videoconference web cast indicated above:

**Signature**

**Date Completed**

**PLEASE PRINT CLEARLY:**

**Social Security Number (last five digits only)**

**Mailing Address**

**Name**

**City**

**State**

**Zip Code**

**Phone #**

**Email address**

**TYPE OF CREDIT: *Please Indicate Your Certification Needs***

<input type="checkbox"/> CAC/CCDP: Certified Addiction Counselor	<input type="checkbox"/> CME: Physicians, CRNP, PA
<input type="checkbox"/> CPRP: Certified Psychiatric Rehabilitation Practitioner	<input type="checkbox"/> CEU: General Continuing Education Credit
<input type="checkbox"/> NBCC: National Board of Certified Counselors	<input type="checkbox"/> PCHA: Personal Care Home Administrator
<input type="checkbox"/> Psychologist	<input type="checkbox"/> SW/LPC/LMFT: Social Work
<input type="checkbox"/> Act 48 (Educators) Professional Personnel ID #: _____ (please complete Act 48 packet)	

**PAYMENT ENCLOSED:**

- \$30 for Act 48, CAC/CCDP, CME, CPRP, NBCC, PCHA, Psychologist or Social Work credit.
- \$15 for General CEU (**not** for professional licensure)

**PAYMENT TYPE:**

- Check # \_\_\_\_\_ (Check payable to OERP/WPIC)
- Credit Card # ( \_\_\_\_\_ Expiration Date: \_\_\_\_\_ ID#: \_\_\_\_\_  
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Please mail these two forms to the above address. If your score is 80% or above, you will receive a certificate via mail. If you have any questions please call Jennifer Lichok at 412-802-6915.

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