



“OBSESSIVE COMPULSIVE DISORDER: DIAGNOSIS AND TREATMENT” (A016)

2008 Videoconference Series

Quiz for General CEUs, CAC/CCDP, CPRP, NBCC, Personal Care Home Administrators, Psychologist or Social Work/LPC/LMFT Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the web cast of the videoconference listed above.

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Jennifer Lichok
WPIC/OERP
4601 Baum Building, Room 178
3811 O'Hara Street
Pittsburgh, PA 15213

MULTIPLE CHOICE - Choose the BEST answer to each of the following multiple choice questions.

- 1. Which of the following statements is false regarding Obsessive Compulsive Disorder?**
 - A. Was formerly thought to be rare
 - B. Lifetime prevalence estimated at 2.5%
 - C. More prevalent among females than males
 - D. Listed as one of the major causes of all chronic disabilities worldwide
- 2. Which of the following are common obsessions?**
 - A. Contamination
 - B. Pathological doubt
 - C. Aggression
 - D. Sexual issues
 - E. All of the above
- 3. Obsessions can be:**
 - A. Thoughts
 - B. Images
 - C. Impulses
 - D. A & B only
 - E. All of the above
- 4. What is the most common compulsion?**
 - A. Checking
 - B. Cleaning/washing
 - C. Counting
 - D. Multiple compulsions
- 5. An example of an individual with obsessive compulsive personality disorder includes:**
 - A. Perfectionist
 - B. Preoccupied with details, lists
 - C. Workaholic, cannot finish a task
 - D. B&C only
 - E. All of the above

PLEASE CONTINUE TO NEXT PAGE



6. **An integrated approach to OCD treatment includes:**
 - A. Pharmacotherapy
 - B. Exposure with response prevention
 - C. Physical therapy
 - D. A & B only
 - E. All of the above
7. **Which disorder is found equally in men and women?**
 - A. Obsessive Compulsive Disorder
 - B. Panic disorder without Agoraphobia
 - C. Generalized Anxiety Disorder
 - D. Panic disorder with Agoraphobia
8. **Common obsessions can include:**
 - A. Handwashing
 - B. Repeated checking of door locks
 - C. Fears that one's soul may be destined for Hell
 - D. Hoarding plastic food containers
9. **Behavior therapy for OCD includes the following except:**
 - A. Exposure
 - B. Habituation
 - C. Analyzing obsessions
 - D. Response prevention
10. **The following are examples of common cognitive themes in OCD except:**
 - A. Attributing excessive importance to a thought
 - B. A need for perfection, especially in certainty and control
 - C. Overestimation of probability
 - D. Hearing voices commanding you to carry out a behavior

TRUE/FALSE – Indicate whether the statements below is TRUE or FALSE.

11. **OCD compulsions are repetitive behaviors or mental acts that the person must perform.**
 - A. True
 - B. False
12. **OCD is one of the rarest psychiatric disorders.**
 - A. True
 - B. False



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**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR
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PAYMENT ENCLOSED:

- \$30 for CAC/CCDP, CPRP, NBCC, PCHA, Psychologist or SW credit only.
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