2nd Annual Conference on
Supervision in Behavioral Health: Supervisors of Today… …Leaders of Tomorrow!

June 9, 2015

The Penn Stater Conference Center Hotel
215 Innovation Boulevard
State College, PA 16803

Course Directors:

James M. Schuster, MD, MBA

Amy Shanahan, MS, CADC

Recovery and Wellness: The Journey Starts Here
A Joint Effort Sponsored by Community Care Behavioral Health Organization and Western Psychiatric Institute and Clinic
Introduction

Supervision is a crucial vehicle for professional development. It is essential to examine why supervisors can and must be effective leaders who create an alliance between themselves and their staff. The supervisor and staff must work together in support of the purpose, principles, and mission of their agency to improve services for their clients. The Community Care Behavioral Health Organization and Western Psychiatric Institute and Clinic are proud to present this supervision conference.

The keynote address will be presented by Jack Wolf, PhD, CPT whose thirty year career has been focused in the area of performance improvement. Through his work he has been able to combine his deep knowledge of performance improvement practices and experience in the business world with such clients as HBO and Sirius XM Radio, along with a rare insight into the dynamics of human nature. Conference participants should be able to take away from his presentation new knowledge, practical learning tools and performance improvement techniques that they can use in both the workplace and everyday environments.

In addition, there will be workshops focusing on topics for leaders/supervisors including performance based leadership, balancing clinical and administrative supervision, strengths based approaches, supervision needs for peer and recovery specialists, issues related to burnout and trauma, coaching strategies, and supervision in motivational interviewing. Participants should leave the conference with a greater understanding of the importance of providing and receiving effective supervision.

Who Should Attend

The conference provides an opportunity for behavioral health care workers including social workers, psychologists (school, counseling, clinical), nurses, marriage and family therapists, substance abuse counselors, counselor educators, peer and recovery specialists, service coordinators, case managers, rehabilitation counselors, and other mental health professionals and educators to examine current issues in supervision and how it is practiced within and across professional disciplines.

Objectives

At the conclusion of the program, participants should be able to:

- Utilize the numerous tips and tools discussed when leading workplace teams, family or community groups.
- Explore the importance of delivering supervision for professional development and clinical effectiveness.
- Discuss strategies for supporting and leading staff through supervision.
COURSE DIRECTORS

James M. Schuster, MD, MBA
Vice-President, Behavioral Integration
UPMC Insurance Division
Chief Medical Officer
Community Care Behavioral Health Organization
Pittsburgh, Pennsylvania

Amy Shanahan, MS, CADC
Clinical Administrator and Director of Staff Development and Training
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

KEYNOTE SPEAKER

Jack Wolf, PhD, CPT
Principal, Lifelong Learning Partners
Bradenton, Florida

For over 30 years Jack Wolf, PhD, CPT has designed and presented interactive programs to government, business, educational and non-profit audiences on the topics of employee performance, individual and team communication, meeting productivity, and personal development. He is the designer and current lead trainer for the Leadership Boot Camp for United Way, and his leadership modules are being used by Goodwill throughout the US to improve leader-team member performance and communication. Dr. Wolf holds a PhD in Business Management and is a Certified Performance Technologist, a CPT designation, issued to fewer than 1,500 professionals worldwide by the International Society for Performance Improvement. He is also certified in Adult Learning, Accelerated Training and Learning Styles from St. John University. His book, Powerful Presentation Techniques contains 365 meeting and presentation tips for leaders, managers and anyone whose job it is to influence others.
FACULTY

Kelley B. Austin, PhD, NCC, LPC, CADC, CCDP  
Senior Manager of Outpatient Services  
Family Services of Western Pennsylvania  
Pittsburgh, Pennsylvania

William Davies, EdD  
Program Manager  
Child and Adolescent Education Services  
Western Psychiatric Institute and Clinic  
Pittsburgh, Pennsylvania

Thomas Durham, PhD  
Independent Consultant and Trainer  
Olney, Maryland

Erme C. Maula, RN, MSN, CRRN, CPS  
Program Manager, CRIF Self Directed Care  
Mental Health Association of Southeastern Pennsylvania  
Upper Darby, Pennsylvania

Chris Minnich, MEd  
Clinical Manager  
Northumberland County Behavioral Health and Intellectual/Developmental Services  
Sunbury, Pennsylvania

Liz Sysak, PhD, MSed, PC  
Training Coordinator  
Re:solve Crisis Center  
Western Psychiatric Institute and Clinic  
Pittsburgh, Pennsylvania
SCHEDULE

8:00 a.m.  Registration

8:30 a.m.  Background
Amy Shanahan, MS, CADC and James M. Schuster, MD, MBA

9:00 a.m.  KEYNOTE: Managers and Supervisors as Performance Improvement Partners
Jack Wolf, PhD, CPT

10:15 a.m.  Break

10:30 a.m.  Breakout Session I:

1.  The Shift to Performance Based Leadership
Jack Wolf, PhD, CPT

2.  Key Concepts in Supervision with Peer Specialists
Erme C. Maula, RN, MSN, CRRN, CPS

3.  The Trauma Informed Clinical Supervisor
Kelley B. Austin, PhD, NCC, LPC, CADC, CCAP

12:00 p.m.  LUNCH Provided

1:15 p.m.  Breakout Session II:

4.  Sparking Enthusiasm and Engagement: Decreasing Burnout through Supervision
William Davies, EdD

5.  Incorporating a Recovery Oriented Approach to Supervision
Chris Minnich, MEd

6.  How to Get the Most Out of Clinical Supervision-Modalities and Methods for a Strength-Based Approach
Thomas Durham, PhD

2:45 p.m.  Breakout Session III:

7.  Motivational Interviewing Supervision
Liz Sysak, PhD

8.  How to Get the Most Out of Clinical Supervision-Modalities and Methods for a Strength-Based Approach
Thomas Durham, PhD

Amy Shanahan, MS, CADC

4:15 p.m.  Adjournment
Continuing Education Credit

Psychologists
Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.0 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP
The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.0 continuing education credits.

Counselors
Western Psychiatric Institute and Clinic has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Western Psychiatric Institute and Clinic is solely responsible for all aspects of this program. This program is being offered for 6.0 continuing education hours.

Certified Psychiatric Rehabilitation Practitioners: CPRP
A total of 6.0 credit hours can be applied to training hours for the Certified Psychiatric Rehabilitation Practitioner (CPRP).

Certified Rehabilitation Counselors: CRC
Western Psychiatric Institute and Clinic is approved by the Commission on Rehabilitation Counselor Certification (CRCC) and accredited by the National Commission for Certifying Agencies to provide continuing education credits to certified rehabilitation counselors (CRC). WPIC adheres to the CRCC Continuing Education guidelines; 6.0 hours have been approved for participation in this conference.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 6.0 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Act 48
Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. WPIC adheres to the Act 48 Continuing Education Guidelines.

Other Healthcare Professionals
Nurses and other health care professionals are awarded 0.6 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming 6 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.
Location

The Penn Stater Conference Center Hotel  
215 Innovation Boulevard  
State College, PA 16803  
(814) 863-5000

A block of rooms has been reserved at The Penn Stater Conference Center Hotel where the conference will be held. The room rate is $94, plus tax. To make reservations, please call 1-800-233-7505 and use the code COMF15B.

Registration Information

Tuition $95

Tuition includes:

- All registration and conference materials
- Refreshments
- Lunch
- Continuing education credits

Full tuition must accompany the form. A $25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Please return the registration form and tuition by May 26, 2015.

Please make your check payable to OERP/WPIC and send it with the registration form to:

Nancy Mundy  
OERP/WPIC  
3811 O'Hara Street  
Champion Commons Building, Room 322  
Pittsburgh, PA 15213

Telephone: 412-204-9090  
FAX: 412-204-9110  
E-MAIL: mundynl@upmc.edu  
www.wpic.pitt.edu/oerp

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by calling Nancy Mundy at 412-204-9090.

The University of Pittsburgh is an affirmative action, equal opportunity institution.
Registration Form:

2nd Annual Conference on
Supervision in Behavioral Health

Tuesday, June 9, 2015             Course Code: MC92

Please type or print; photocopy for additional registrants.
Please register by May 26, 2015.

Social Security Number (Last five digits only): 

First Name:                      Last Name:  

Degree(s) to be noted on name badge (e.g. MD, PhD)

Institutional Affiliation:

Address:  

Address 2:  

City:                      State:  Zip  

County:  

Day Telephone:          

E-Mail Address:  

Please indicate which workshops you plan to attend (Please circle):

Breakout Session I: 1 2 3

Breakout Session II: 4 5 6

Breakout Session III: 7 8 9

Please designate your Lunch Preference:

☐ Turkey  ☐ Ham  ☐ Vegetarian

For Continuing Education purposes, please check if you are:

☐ CADC/CCDP  ☐ CPRP  ☐ CRC  ☐ NBCC Counselor  ☐ Educator/Act 48

☐ Nurse  ☐ Psychologist  ☐ Social Worker (LSW/LCSW/LPC/LMFT)

☐ Certified Peer Specialist

Method of Payment:

Tuition amount $______________

☐ Check (Payable to OERP/WPIC) Check#______________

☐ VISA  ☐ MasterCard  ☐ AMEX  ☐ Discover  ☐ UPMC Account

To be completed by Credit Card Users ONLY:

Card Number:  

Expiration Date:  

Signature:  

Security Code (three digits in back of card):  

To be completed for UPMC account transfers ONLY:

Business Unit: Account #:  

Administrator's Name:  

Administrator's Signature:  
Please send your fee with this form to:

**Attn: Nancy Mundy**  
OERP/WPIC  
3811 O'Hara Street  
Champion Commons Building, Room 322  
Pittsburgh, Pa 15213  
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