3rd Annual Conference on ADHD and Executive Function: Research and Current Treatment Strategies

September 5, 2014
Sheraton Station Square
Pittsburgh, Pennsylvania

Course Directors:
Srihari Bangalore, MD
Aaron Jennings, LCSW

Recovery and Wellness: The Journey Starts Here
A Joint Effort Sponsored by Community Care Behavioral Health Organization and Western Psychiatric Institute and Clinic
ADHD and Executive Function:
Research and Current Treatment Strategies
Sheraton Station Square
Pittsburgh, Pennsylvania
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Introduction

The ADHD Across the Lifespan Clinic of WPIC is proud to present the third annual ADHD and Executive Function conference. The keynote presentation this year will be given by the esteemed clinical psychologist, Thomas E. Brown, PhD. The title of his presentation is “Emotions and Motivation in ADHD: Implications for Assessment and Treatment.” Recent research has shown that emotions play a much bigger part in the difficulties of individuals with ADHD than had been previously recognized. Many very bright persons with ADHD get stuck in their schooling, work, family interactions and/or social life due to unrecognized problems with emotions that impact their motivation and self-management. Using examples from daily life, Dr. Brown will explain why those with ADHD can focus and work very well on some tasks, but not on others, discuss why they struggle to focus and work on these tasks, illustrate how unrecognized emotions often complicate daily functioning, and offer suggestions for dealing constructively with these difficulties.

The afternoon will consist of presentations on topics for professionals who work with individuals with ADHD, adults living with ADHD and parents of children with ADHD. Each session will be available for anyone to attend but will concentrate on issues related to one or more of these groups. Participants should leave the conference with a greater understanding of the multitude of issues surrounding the diagnosis and treatment of ADHD across the lifespan.

Who Should Attend

The conference is designed to present the latest research and clinical knowledge regarding ADHD to a wide audience: psychiatrists and other mental health clinicians, including nurses, social workers, educators/teachers, and psychologists; service coordinators, researchers, patients and their relatives, mental health policy administrators and others who intend to keep current regarding etiology, treatment, and research regarding ADHD across the lifespan.

Objectives

At the conclusion of the program, participants should be able to:

- Explain why those with ADHD can focus and work very well on some tasks, but not on others, discuss why they struggle to focus and work on tasks, and illustrate how unrecognized emotions often complicate daily functioning.
- Discuss the role of Executive Functions in the diagnosis and treatment of ADHD.
- Identify several strategies for intervention with multiple populations of individuals with ADHD using traditional and non-traditional therapies.
COURSE DIRECTORS

Srihari Bangalore, MD, MPH
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Medical Director, ADHD Across the Lifespan Program
Western Psychiatric Institute and Clinic

Aaron Jennings, LCSW
Clinical Supervisor
ADHD Across the Lifespan Program and Center for Children and Families
Western Psychiatric Institute and Clinic

KEYNOTE SPEAKER

Thomas E. Brown, PhD

Thomas E. Brown, PhD is a clinical psychologist who earned his Ph.D. at Yale University. He serves as Associate Director of the Yale Clinic for Attention and Related Disorders in the Department of Psychiatry at Yale University School of Medicine. He is author of Smart but Stuck: Emotions in Teens and Adults with ADHD (Jossey-Bass/Wiley, 2014) and A New Understanding of ADHD in Children & Adults: Executive Function Impairments (Routledge, 2013) as well as the prize-winning Attention Deficit Disorder: The Unfocused Mind in Children and Adults. (Yale Press, 2005). He edited ADHD Comorbidities: Handbook for ADHD Complications in Children and Adults (American Psychiatric Press, 2009) and is author of the Brown ADD Scales (Pearson). He has presented symposia and workshops throughout the US and in 40 other countries. His website is: www.DrThomasEBrown.com

FACULTY

Amy Chisholm, MS
Clinician, Center for Children and Families and ADHD Across the Lifespan Program
Western Psychiatric Institute and Clinic

Virginia Fargione, LCSW
Clinician, Center for Children and Families and ADHD Across the Lifespan Program
Western Psychiatric Institute and Clinic

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Program Director
Center for Children and Families, Pediatric OCD Intensive Outpatient Program, and ADHD Across the Lifespan Program
Western Psychiatric Institute and Clinic

Lindsey Herman, LCSW
Clinician, Center for Children and Families and ADHD Across the Lifespan Program
Western Psychiatric Institute and Clinic

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Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Director, Child and Adolescent Psychiatry Fellowship and Triple Board Program
Western Psychiatric Institute and Clinic
Shabana Khan, MD  
Assistant Professor of Psychiatry  
University of Pittsburgh School of Medicine  
ADHD Across the Lifespan Clinic  
Western Psychiatric Institute and Clinic

Heidi Kipp, MEd, LPC  
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ADD Program  
Youth and Family Research Program  
Western Psychiatric Institute and Clinic

Brooke Molina, PhD  
Professor of Psychiatry and Psychology  
University of Pittsburgh School of Medicine  
Director, ADHD Research Program  
Western Psychiatric Institute and Clinic

Caroline Nguyen, MD  
Child and Adolescent Psychiatry Resident, PGY 4  
Western Psychiatric Institute and Clinic

Andrew Potash, LPC  
Clinician, Center for Children and Families and ADHD Across the Lifespan Program  
Western Psychiatric Institute and Clinic

Jessica Rhodes, PhD  
Psychology Fellow  
University of Pittsburgh, ADHD Research Program

Greg Slomka, PhD  
Developmental Neuropsychologist  
Center for Children and Families  
Western Psychiatric Institute and Clinic

Gregory Thorkelson, MD  
Assistant Professor of Psychiatry  
University of Pittsburgh School of Medicine  
Western Psychiatric Institute and Clinic

Gautami Veeragandham, MD  
Assistant Professor of Psychiatry  
University of Pittsburgh School of Medicine  
ADHD Across the Lifespan Clinic  
Western Psychiatric Institute and Clinic

Rebekah Ventura, LPC  
Clinician, Center for Children and Families and ADHD Across the Lifespan Program  
Western Psychiatric Institute and Clinic

Brian Welles, MEd  
Lead School Psychologist  
Baldwin-Whitehall School District

In accordance with Accreditation Council for Continuing Medical Education requirements on disclosure, information about relationships of presenters with commercial interests (if any) will be included in materials which will be distributed at the time of the conference.
SCHEDULE

8:00 a.m.  
**Registration**

8:30 a.m.  
**Welcome / Opening Remarks**  
Srihari Bangalore, MD, MPH and Joshua Hefferen, LCSW

9:00 a.m.  
**KEYNOTE: Emotions and Motivation in ADHD: Implications for Assessment and Treatment**  
Thomas E. Brown, PhD

12:00 p.m.  
**LUNCH (on your own)**

1:00 p.m.  
**Breakout Session 1:**

1. **ADHD and Medication Management – Use of Medications for Individuals with Complex Presentations**  
Srihari Bangalore, MD, MPH  
Gautami Veeragandham, MD

2. **Smoking, Substance Use and ADHD**  
Brooke Molina, PhD

3. **Strategies for Improving Executive Functioning Skills – A Model for Therapeutic Intervention**  
Aaron Jennings, LCSW  
Caroline Nguyen, MD  
Jessica Rhodes, PhD

4. **From Neuropsychological Testing to Therapeutic Intervention**  
Virginia Fargione, LCSW  
Greg Slomka, PhD

5. **Alternative Treatments for ADHD**  
Lindsey Herman, LCSW  
Shabana Khan, MD  
Greg Thorkelson, MD

6. **Parent Management Training – The COPE Model**  
Heidi Kipp, Med, LPC  
Rebekah Ventura, LPC

7. **How to Effectively Interface with Schools/Teachers**  
Amy Chisholm, MS  
Brian Welles, MEd

8. **The Development and Boundaries of the ADHD Construct: Historically Unique Features and Differential Diagnoses**  
Sansea Jacobson, MD  
Andrew Potash, LPC

2:30 p.m.  
**Break – Refreshments**  
*Book Signing by Thomas E. Brown, PhD*

3:00 p.m.  
**Breakout Session 2:**  
Repeat of All Session 1 Presentations

4:30 p.m.  
**Adjournment**
Continuing Education Credit

Physicians
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists
Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.5 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP
The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.5 continuing education credits.

Counselors
Western Psychiatric Institute and Clinic is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This program is being offered for 6.5 continuing education credits.

Certified Psychiatric Rehabilitation Practitioners: CPRP
A total of 6.5 credit hours can be applied to training hours for the Certified Psychiatric Rehabilitation Practitioner (CPRP).

Certified Rehabilitation Counselors: CRC
Western Psychiatric Institute and Clinic is approved by the Commission on Rehabilitation Counselor Certification (CRCC) and accredited by the National Commission for Certifying Agencies to provide continuing education credits to certified rehabilitation counselors (CRC). WPIC adheres to the CRCC Continuing Education guidelines; 6.5 hours have been approved for participation in this conference.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 6.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Act 48
Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. WPIC adheres to the Act 48 Continuing Education Guidelines.

Other Healthcare Professionals
Nurses and other healthcare professionals are awarded 0.65 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming 6.5 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. 

Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.
Location

Sheraton Hotel at Station Square
300 West Station Square Drive
Pittsburgh, PA 15219
Telephone: (412) 261-2000

A block of rooms has been reserved at the Sheraton Station Square where the conference will be held. The room rate is $179, plus tax, for a single or a double room. When calling for reservations, please identify yourself as being with the “3rd Annual Conference on ADHD and Executive Function” to benefit from these reduced rates. Room availability cannot be guaranteed after August 15, 2014.

Registration Information

Fee Schedule (Please circle the appropriate fee)

<table>
<thead>
<tr>
<th></th>
<th>Before 8/15/14</th>
<th>After 8/15/14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physicians</td>
<td>$150</td>
<td>$175</td>
</tr>
<tr>
<td>UPMC Affiliated Physicians</td>
<td>$95</td>
<td>$120</td>
</tr>
<tr>
<td>Other Professionals</td>
<td>$100</td>
<td>$125</td>
</tr>
<tr>
<td>UPMC/WPIC Affiliated Professionals</td>
<td>$85</td>
<td>$100</td>
</tr>
<tr>
<td>Residents/ Medical Students</td>
<td>$35</td>
<td>$50</td>
</tr>
<tr>
<td>Family Members</td>
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<td>$30</td>
</tr>
</tbody>
</table>

Tuition includes:

- All registration and conference materials
- Refreshments
- Continuing education credits

Full tuition must accompany the form. A $25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Please return the registration form and tuition by August 15, 2014 to take advantage of the lowest tuition rate.

Please make your check payable to OERP/WPIC and send it with the registration form to:

Nancy Mundy
OERP/WPIC
Champion Commons Building, Room 322
3811 O’Hara Street
Pittsburgh, PA 15213

Telephone: 412-204-9090
FAX: 412-204-9110
E-MAIL: mundynl@upmc.edu
www.wpivc.pitt.edu/oerp

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by calling Nancy Mundy at 412-204-9090.
Registration Form
ADHD and Executive Function (MC83)
Friday, September 5, 2014

Non-UPMC staff can register online at classes.upmc.com (Search on ADHD). Please type or print; photocopy for additional registrants.

Register by August 15, 2013 for lowest tuition rate.

Social Security Number (Last five digits only): _____ --
First Name:  Last Name:
Degree(s) to be noted on name badge (e.g. MD, PhD)
Institutional Affiliation:
Address:
Address 2:
City:  State:  Zip
County:
Day Telephone:
E-Mail Address:

Please indicate which workshops you plan to attend (Please circle):

Breakout Session I:  1 2 3 4 5 6 7 8
Breakout Session II:  1 2 3 4 5 6 7 8

For Continuing Education purposes, please check if you are:

☐ CADC/CCDP  ☐ CPRP  ☐ CRC  ☐ NCC Counselor  ☐ Educator/Act 48
☐ Nurse  ☐ Psychologist  ☐ Physician/MD  ☐ Social Worker (LSW/LCSW/LPC/LMFT)
☐ Individual/Family Member  ☐ Certified Peer Specialist

Conference Handouts will be online. Please check if you want a paper copy (Additional $5.00 Charge).

☐ I would like a paper copy of the handout.

Method of Payment:
Total $______________ (Tuition plus $5.00 for handout if applicable)

☐ Check (Payable to OERP/WPIC)  Check#______________

☐ VISA  ☐ MasterCard  ☐ AMEX  ☐ Discover  ☐ UPMC Account

To be completed by Credit Card Users ONLY:
Card Number:
Expiration Date:
Signature:
Security Code (three digits in back of card):

To be completed for UPMC account transfers ONLY:
Business Unit:  Account #:
Administrator's Name:
Administrator's Signature:

Please send your fee with this form to:
Attn: Nancy Mundy
OERP/WPIC
3811 O'Hara Street
Champion Commons Building, Room 322
Pittsburgh, Pa 15213
Fax: 412-204-9110
Telephone: 412-204-9090
E-MAIL: mundynl@upmc.edu
www.wpic.pitt.edu/oerp
The University of Pittsburgh, as an educational institution and as an employer, values equality of opportunity, human dignity, and racial/ethnic and cultural diversity. Accordingly, as fully explained in Policy 07-01-03, the University prohibits and will not engage in discrimination or harassment on the basis of race, color, religion, national origin, ancestry, sex, age, marital status, familial status, sexual orientation, gender identity and expression, genetic information, disability, or status as a veteran. The University also prohibits and will not engage in retaliation against any person who makes a claim of discrimination or harassment or who provides information in such an investigation. Further, the University will continue to take affirmative steps to support and advance these values consistent with the University’s mission. This policy applies to admissions, employment, and access to and treatment in University programs and activities*. This is a commitment made by the University and is in accordance with federal, state, and/or local laws and regulations. For information on University equal opportunity and affirmative action programs, please contact: University of Pittsburgh; Office of Affirmative Action, Diversity, and Inclusion; Carol W. Mohamed, Director (and Title IX, 504 and ADA Coordinator); 412 Bellefield Hall; 315 South Bellefield Avenue; Pittsburgh, PA 15260; 412-648-7860. For complete details on the University’s Nondiscrimination Policy, please refer to Policy 07-01-03. For information on how to file a complaint under this policy, please refer to Procedure 07-01-03.