Supervision in Behavioral Health: We Must Be More than Supervisors… We Must Be Leaders.

March 21, 2014

Sheraton Station Square Pittsburgh
300 West Station Square Drive
Pittsburgh, PA 15219

Course Directors:

James M. Schuster, MD, MBA
Amy Shanahan, MS, CADC

Recovery and Wellness: The Journey Starts Here
A Joint Effort Sponsored by Community Care Behavioral Health Organization and Western Psychiatric Institute and Clinic
Supervision in Behavioral Health: We Must Be More than Supervisors …We Must Be Leaders (MC76)
Sheraton Station Square
Pittsburgh, Pennsylvania
March 21, 2014

Introduction

Supervision is a crucial vehicle for professional development. It is essential to examine why supervisors can and must be effective leaders who create an alliance between themselves and their staff. The supervisor and staff must work together in support of the purpose, principles, and mission of their agency to improve services for their clients. The Community Care Behavioral Health Organization and Western Psychiatric Institute and Clinic are proud to present this supervision conference.

The keynote address will be presented by Mike Morrison, PhD, the founder of a leadership consulting firm. For ten years, Dr. Morrison served as the Vice President and Dean for the University of Toyota – a corporate university he helped to launch in 1999. In his address, he will reveal both the art and science of personal leadership – a powerful framing for bringing our best self and the best self in others to our work. Dr. Morrison's research and practice have revealed timeless, core strategies that are key to maximizing human potential in an increasingly challenging world. Prepare to change!

In addition, there will be six workshops focusing on topics for leaders/supervisors including development of a supervisory model, balancing clinical and administrative supervision, and supervision needs for peer and recovery specialists. Three of the six sessions will be offered twice. Participants should leave the conference with a greater understanding of the importance of providing and receiving effective supervision.

Who Should Attend

The conference provides an opportunity for behavioral health care workers including social workers, psychologists (school, counseling, clinical), nurses, marriage and family therapists, substance abuse counselors, counselor educators, peer and recovery specialists, service coordinators, case managers, rehabilitation counselors, and other mental health professionals and educators to examine current issues in supervision and how it is practiced within and across professional disciplines.

Objectives

At the conclusion of the program, participants should be able to:

- Articulate the importance of delivering supervision for professional development and clinical effectiveness.
- Discuss strategies for supporting and leading staff through supervision.
- Identify strategies for delivering supervision with multiple disciplines in behavioral healthcare.
COURSE DIRECTORS
James M. Schuster, MD, MBA
Chief Medical Officer
Community Care Behavioral Health Organization
Pittsburgh, Pennsylvania

Amy Shanahan, MS, CADC
Clinical Administrator and Director of Staff Development and Training
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

KEYNOTE SPEAKER
Mike Morrison, Ph.D.
Executive Consultant, Lean Leadership
Los Angeles, California

Mike Morrison’s passion centers on the principles and practices of developing leadership at all levels of an organization. His leadership research and hands-on experience have been documented in three popular books (Leading Through Meaning ’03, The Other Side of the Card ’06, and This is Not Working ‘12) as well as a wide range of publications including the Harvard Business Review. Throughout his career, Dr. Morrison has designed, developed, and managed dozens of high-impact leadership and management development programs.

FACULTY
Lyndra J. Bills, MD
Regional Medical Director for Physical Health/Behavioral Health
Community Care Behavioral Health
Camp Hill, Pennsylvania

William Davies, EdD
Program Manager
Child and Adolescent Education Services
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Thomas Durham, PhD
Program Manager
Preventing Prescription Drug Abuse and Overdose
JBS International, Inc.
Rockville, Maryland

Scott Lewis, MS, LPC
Clinical Supervisor
Center for Psychiatric and Chemical Dependency Services
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Erme C. Maula, RN, MSN, CRRN, CPS
Program Manager, CRIF Self Directed Care
Mental Health Association of Southeastern Pennsylvania
Upper Darby, Pennsylvania
SCHEDULE

8:00 a.m.  Registration

8:30 a.m.  Background
Amy Shanahan, MS, CADC and James M. Schuster, MD, MBA

9:00 a.m.  KEYNOTE:  Leading through Meaning
Mike Morrison, PhD

10:15 a.m.  Break

10:30 a.m.  Breakout Session I:

1.  The Reality of Supervision:  Balancing Clinical and Administrative Supervision
   Amy Shanahan, MS, CADC

2.  “I Love My Job!”:  Leading with Compassion, Service and Hope
   William Davies, EdD; Co-Facilitators:  Shirley Lyle, BSEd; Crystal Miles, MSED; and
   Gina Marie Rudolph, MA

3.  Feed Up, Feed Forward, and Feedback:  Effective Leadership Skills for Clinical Supervisors
   Thomas Durham, PhD

12:00 p.m.  LUNCH (on your own)

1:15 p.m.  Breakout Session II:

4.  Supervision of Peer and Recovery Specialists:  Pennsylvania Medicaid Standards and
    Regulations, Clinical Overview
    Erme C. Maula, RN, MSN, CRRN, CPS

5.  Developing Your Model of Supervision
    Scott Lewis, MS, LPC

6.  Supervision and Trauma
    Lyndra J. Bills, MD

2:45 p.m.  Breakout Session III:

7.  Supervision of Peer and Recovery Specialists:  Providing and Supporting Supervision of
    Peers and Recovery Specialists
    Erme C. Maula, RN, MSN, CRRN, CPS

8.  The Reality of Supervision:  Balancing Clinical and Administrative Supervision
    Thomas Durham, PhD and Amy Shanahan, MS, CADC

9.  Supervision & Trauma
    Lyndra J. Bills, MD

4:15 p.m.  Adjournment
Continuing Education Credit

Psychologists
Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.0 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP
The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.0 continuing education credits.

Counselors
Western Psychiatric Institute and Clinic is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This program is being offered for 6.0 continuing education credits.

Certified Psychiatric Rehabilitation Practitioners: CPRP
A total of 6.0 credit hours can be applied to training hours for the Certified Psychiatric Rehabilitation Practitioner (CPRP).

Certified Rehabilitation Counselors: CRC
Western Psychiatric Institute and Clinic is approved by the Commission on Rehabilitation Counselor Certification (CRCC) and accredited by the National Commission for Certifying Agencies to provide continuing education credits to certified rehabilitation counselors (CRC). WPIC adheres to the CRCC Continuing Education guidelines; 6.0 hours have been approved for participation in this conference.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 6.0 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Act 48
Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. WPIC adheres to the Act 48 Continuing Education Guidelines.

Other Healthcare Professionals
Nurses and other health care professionals are awarded 0.60 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming 6.0 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.
Location

Sheraton Hotel at Station Square
300 West Station Square Drive
Pittsburgh, Pa 15219
Telephone: 412-261-2000

A block of rooms has been reserved at the Sheraton Station Square where the conference will be held. The room rate is $179, plus tax, for a single or a double room. When calling for reservations, please identify yourself as being with the conference on "Supervision in Behavioral Health" to benefit from these reduced rates. Room availability cannot be guaranteed after Friday, March 7, 2014.

Registration Information

Fee Schedule (Please circle the appropriate fee)

<table>
<thead>
<tr>
<th></th>
<th>Before 3/7/14</th>
<th>After 3/7/14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-UPMC Affiliated</td>
<td>$125</td>
<td>$150</td>
</tr>
<tr>
<td>UPMC Affiliated</td>
<td>$100</td>
<td>$125</td>
</tr>
<tr>
<td>Peer and Recovery Specialists</td>
<td>$10</td>
<td>$10</td>
</tr>
</tbody>
</table>

Tuition includes:

* All registration and conference materials
* Refreshments
* Continuing education credits

Full tuition must accompany the form. A $25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Please return the registration form and tuition by March 7, 2014 to take advantage of the lowest tuition rate.

Please make your check payable to OERP/WPIC and send it with the registration form to:

Nancy Mundy
OERP/WPIC
Champion Commons Building, Room 322
3811 O'Hara Street
Pittsburgh, PA 15213

Telephone: 412-204-9090
FAX: 412-204-9110
E-MAIL: mundynl@upmc.edu
www.wpic.pitt.edu/oerp
Registration Form:

Supervision in Behavioral Health
Course Code: MC76
Friday, March 21, 2014

Non-UPMC staff can register online at classes.upmc.com (Search on Supervision).
Please type or print; photocopy for additional registrants.

Register by March 7, 2014 for lowest tuition rate.

Social Security Number (Last five digits only): __ __ __ __ __
First Name: ___________________________ Last Name: ___________________________
Degree(s) to be noted on name badge (e.g. MD, PhD)
Institutional Affiliation:
Address: _______________________________________________________________
Address 2: _____________________________________________________________
City: ______________________ State: __________________ Zip: __________
County: ________________________________
Day Telephone: __________________________ E-Mail Address: __________________________

Please indicate which workshops you plan to attend (Please circle):
Breakout Session I: 1 2 3
Breakout Session II: 4 5 6
Breakout Session III: 7 8 9

For Continuing Education purposes, please check if you are:
☐ CADC/CCDP ☐ CPRP ☐ CRC ☐ NBCC Counselor ☐ Educator/Act 48
☐ Nurse ☐ Psychologist ☐ Social Worker (LSW/LCSW/LPC/LMFT)
☐ Certified Peer Specialist

Method of Payment:

Tuition amount $______________
☐ Check (Payable to OERP/WPIC) Check#___________________
☐ VISA ☐ MasterCard ☐ AMEX ☐ Discover ☐ UPMC Account

To be completed by Credit Card Users ONLY: ☐ Card Number:
Expiration Date:
Signature:
Security Code (three digits in back of card):

To be completed for UPMC account transfers ONLY:
Business Unit: __________________ Account #: __________________________
Administrator's Name: __________________
Administrator's Signature: ____________________________
Please send your fee with this form to:

Attn: Nancy Mundy
OERP/WPIC
3811 O'Hara Street
Champion Commons Building, Room 322
Pittsburgh, Pa  15213
Fax: 412-204-9110
Telephone: 412-204-9090
E-MAIL: mundynl@upmc.edu
www.wpic.pitt.edu/oerp