The Behavioral Health Workforce for the Aging Population: Who Will Serve?

4th Annual Behavioral Health and Aging Conference

Passavant Hospital Foundation Conference Center
Thursday, June 12th, 2014

COURSE DIRECTOR:
LalithKumar K. Solai, MD
Medical Director & Chief of Geriatric Psychiatry Service
University of Pittsburgh Medical Center
The Behavioral Health Workforce for the Aging Population: Who Will Serve? (MC74)

4th Annual Behavioral Health and Aging Conference
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PROGRAM DESCRIPTION:

This conference will address the challenges and opportunities in providing behavioral health services for the aging population. Designed specifically for staff of aging and behavioral health providers, (including front-line workers, therapists and clinicians), as well as caregivers, sessions will teach tangible, concrete skills to address behavioral changes in dementia, family caregiving issues, suicide in the elderly and palliative care issues. Opportunity to network with other professionals will be made available.

EDUCATIONAL OBJECTIVES:

At the conclusion of this program participants should be able to:

1. Develop strategies to create and develop innovative approaches to meet the challenges and respond to the opportunities for providing a behavioral health workforce for the aging population.
2. Describe effective approaches to address behavioral changes in dementia.
3. Identify risks for suicide in the elderly and resources to address it.
4. Discuss proactive plans for those facing serious illness and advanced disease.

TARGET AUDIENCE:

This is an introductory program for front-line staff, case managers/service coordinators, therapists and clinicians. Family and caregivers are also welcome to attend.

KEYNOTE SPEAKER:

Charles F. Reynolds, III, MD
UPMC Endowed Professor in Geriatric Psychiatry
University of Pittsburgh School of Medicine
Director, Aging Institute of UPMC Senior Services and the University of Pittsburgh
COURSE DIRECTOR

Lalith Kumar K. Solai, MD
Medical Director & Chief of Geriatric Psychiatry Service
University of Pittsburgh Medical Center

FACULTY

Sharon A. Altman, MD
Chief of Consult and Liaison Psychiatry
UPMC Shadyside Hospital
Staff Psychiatrist - Benedum Geriatric Center,
Senior Care, Longwood at Oakmont

Andrea Croom, PhD
Clinical Psychologist
Section of Palliative Care
Section of Psycho-Oncology
University of Pittsburgh Cancer Institute

Debbie Eisenman, LCSW
Inpatient Psychiatric Social Worker
Integrated Health and Aging Program
Western Psychiatric Institute and Clinic of UPMC

Sharla Gilson, LSW
Program Manager/Chief Psychiatric Social Worker
Integrated Health and Aging Program
Western Psychiatric Institute and Clinic of UPMC

Kathryn Lanz, DNP, ANP, GNP, ACHPN
Adult, Geriatric and Palliative Board Certified
UPMC Palliative and Supportive Institute (PSI)
Director of Geriatric Services
Co-Project Director for CMS RAVEN Initiative

Kelly O’Toole, MSW, LCSW
Clinical Administrator
Adult and Geriatrics
Western Psychiatric Institute and Clinic of UPMC

Betty Robison, MSN, RN-BC
Gerontology Educator
Aging Institute

Todd Derreberry, MD
Geriatric Psychiatry Fellow
Western Psychiatric Institute and Clinic of UPMC

Richard Morycz, PhD, QCSW, LCSW
Associate Professor of Psychiatry, Medicine, and Social Work
University of Pittsburgh School of Medicine
Geriatric Services
Western Psychiatric Institute and Clinic of UPMC

Kelly O’Toole, MSW, LCSW
Clinical Administrator
Adult and Geriatrics
Western Psychiatric Institute and Clinic of UPMC

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UPMC Endowed Professor in Geriatric Psychiatry
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Director, Aging Institute of UPMC Senior Services and the University of Pittsburgh

Betty Robison, MSN, RN-BC
Gerontology Educator
Aging Institute

Jeff Magill, MS, CTR
Project Coordinator
Behavioral Health Emergency Management
Western Psychiatric Institute and Clinic of UPMC

James D. Tew, Jr., MD
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Inpatient Medical Director
Integrated Health and Aging Unit
Western Psychiatric Institute and Clinic of UPMC
AGENDA

8:00 – 9:00  Continental breakfast and registration

9:00 – 9:15  Welcome Remarks LalithKumar K. Solai, MD

9:15 – 10:15  Keynote speaker: Charles Reynolds, III, MD
  Title: The Nation's Geriatric Mental Health Workforce circa 2014

10:15 – 10:30  Break

10:30 – 12:00  SESSION 1

  1. Understanding Behavioral Changes in Dementia: It's not just about memory: James D. Tew, Jr., MD
  2. Behavioral Health Care in a Medical Setting: Sharon Altman, MD
  3. Family Caregiving Issues in Dementia: Richard Morycz, PhD

12:00 – 1:00  Lunch

1:00 – 2:30  SESSION 2

  4. Enhanced Outpatient Treatment for Elderly (BEST program) – Early Experience: Kelly O'Toole, MSW, LCSW and Todd Derreberry, MD
  5. Managing Problem Behaviors of Dementia without Medications: Kathy Metz, MSN, CRNP, and LalithKumar Solai, MD
  6. Suicide in Elderly: Scope and Magnitude of the Problem and Local Resources to Address It: Jeff Magill, MS, CTR

2:30 – 2:45  Break

2:45 – 4:00  SESSION 3

  7. Hard Choices for Caregivers of the Cognitively Impaired: A Discussion about Proactive Planning for Palliative Care: Andrea Croom, PhD and Kathryn Lanz, DNP, ANP, GNP, ACHPN
  8. Community Resources for the Elderly with Behavioral Health Needs: Sharla Gilson, LSW, Debbie Eisenman, LCSW
  9. Sudden Confusion in Elderly: What Does It Mean?: Betty Robison, MSN, RN-BC
LOCATION
Passavant Hospital Foundation Conference Center*
Cumberland Woods Village
700 Cumberland Woods Drive
Allison Park, PA 15101
412-915-4085
*Please note that this address does not appear in most GPS maps

From Pittsburgh: Take Interstate 79 North/Fort Duquesne Bridge ramp. Merge onto I-279 N. Take exit 4 to merge onto US-19 Truck N/McKnight Rd. Turn right onto Cumberland Road. Go past UPMC Passavant. Turn left at the entrance to Cumberland Woods Village.

REGISTRATION INFORMATION

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<th>Before 6/1/2014</th>
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<tbody>
<tr>
<td>Professionals</td>
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<td>$120</td>
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<tr>
<td>UPMC Employees</td>
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<td>$80</td>
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<tr>
<td>Families/Caregivers</td>
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Tuition Includes:

- Registration and course materials
- Continental breakfast, boxed lunch, and coffee break
- Continuing education credit

Full tuition must accompany the registration form. Please return your registration form by June 1, 2014 to benefit from the reduced rate. A $25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun.

Please make your check payable to OERP/WPIC and send it with the registration form to:

Nancy Mundy
OERP/WPIC
3811 O'Hara Street
Champion Commons, 3rd Floor
Pittsburgh, PA 15213
Telephone: (412) 204-9090
FAX: (412) 204-9110
E-mail: mundynl@upmc.edu
http://www.wpic.pitt.edu/oerp

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program.
Continuing Education Credit

**Psychologists**
Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 5.5 continuing education credits.

**Certified Alcohol and Drug Counselor: CADC**
Western Psychiatric Institute and Clinic, Office of Education and Regional Programming is certified by the Pennsylvania Chemical Abuse Certification Board (PCACB) to provide Certified Alcohol and Drug Counselor (CADC) continuing education credits for those participants attending the entire program.

**Counselors**
Western Psychiatric Institute and Clinic is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This program is being offered for 5.5 continuing education credits.

**Certified Psychiatric Rehabilitation Practitioners: CPRP**
A total of 5.5 credit hours can be applied to training hours for the Certified Psychiatric Rehabilitation Practitioner (CPRP).

**Certified Rehabilitation Counselors: CRC**
Western Psychiatric Institute and Clinic is approved by the Commission on Rehabilitation Counselor Certification (CRCC) and accredited by the National Commission for Certifying Agencies to provide continuing education credits to certified rehabilitation counselors (CRC). WPIC adheres to the CRCC Continuing Education Guidelines; 5.5 hours have been requested for this conference (accreditation pending).

**Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT**
This program is offered for 5.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

**Certificate of Annual Administrator Training- Personal Care Home Administrators**
The indicated numbers of clock hours are approved by the Department of Public Welfare Bureau of Adult Residential Licensing. These clock hours may count towards the 24 hours of annual training for administrators required in **55 Pa. Code Chapter 2600** (relating to personal care homes).

**Act 48**
Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. WPIC adheres to the Act 48 Continuing Education Guidelines.

**Other Healthcare Professionals**
Nurses and other health care professionals are awarded 0.55 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming 5.5 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.
Registration Form:

Please register before June 1, 2014 to benefit from the reduced rate.

(Please type or print; photocopy for additional registrants; Telephone registrations cannot be accepted.)

Social Security Number: (Last five digits only): □□□□□

Name: __________________________  __________________________

Degree(s) for Name Badge (i.e. MD, PhD):

Institutional Affiliation:

Address:

City: __________________________  State: __________________________  Zip: __________________________

County: __________________________

Day Telephone (________) __________________________

Email Address: [ ] Fill in the complete email address

Please indicate which workshops you plan to attend (Please circle):

Workshop Session I: 1 2 3

Workshop Session II: 4 5 6

Workshop Session III: 7 8 9

For Continuing Education Purposes, please check if you are:

□ CADC  □ CPRP  □ CRC  □ Certified Peer Specialist  □ Educator/Act 48

□ LSW/LCSW/LMFT  □ LPC  □ NCC Counselor  □ Nurse  □ Psychologist  □ PCHA

PAYMENT

Tuition Total: $__________

[ ] Check (Check#__________ Payable to OERP/WPIC)

[ ] VISA    [ ] MasterCard    [ ] AMEX    [ ] Discover    [ ] UPMC Account

To be completed by Credit Card Users ONLY:

Card Number:

Expiration Date:

Signature:

Security Code: (three digits in back of card)

To be completed for UPMC account transfers ONLY:

Business Unit: __________________________  Account #: __________________________

Administrator's Name:

Administrator's Signature:

Online registration available at www.classes.upmc.com

Please make your check payable to OERP/WPIC and send it with the registration form to: Nancy Mundy

OERP/WPIC 3811 O’Hara Street, Champion Commons Building, 3rd Floor Pittsburgh, PA 15213

Telephone: (412) 204-9090  FAX: (412) 204-9110  Email: mundynl@upmc.edu