20th Pennsylvania Case Management Conference

"Poverty and Mental Illness – Can the Connection be Broken?" (MC73)

June 27, 2014
Doubletree Hotel, Monroeville, PA
Poverty and Mental Illness- Can the Connection be Broken? (MC73)

Program Description:

The theme of this year’s conference is “Poverty and Mental Illness-Can the Connection be Broken?” Case management is a dynamic service that encompasses and involves many treatment, housing, and provider services, as well as providing assistance to a wide variety of consumers. Throughout all of the services and providers, the Case Manager is often the main connection.

The keynote demonstration, “A Poverty Simulation” will be coordinated by Rochelle Jackson of Just Harvest. Poverty simulation is designed to help participants begin to understand what it might be like to live in a typical low-income family trying to survive from month to month. In the simulation, participants assume the roles of up to 26 different families facing poverty. It is a simulation, not a game and the object is to sensitize participants to the realities faced by low-income people.

Special areas of interest for case managers and supervisors include the effects of poverty on wellness, financial recovery and wellness through consumer self-employment, motivational interviewing, high fidelity wraparound, wellness coaching, and hearing voices simulation.

Case managers, supervisors, peer specialists, family members, representatives from managed care organizations, policy makers and other behavioral health/allied health professionals will interact, learn and share experiences.

Educational Objectives:

At the conclusion of this program, participants should be able to:

- Develop an understanding of the case manager as the main connection in providing services to consumers
- Identify innovative approaches in breaking the connection between poverty and mental illness
- Describe the latest developments in case management operations and outcomes research
- Maximize opportunities for building consumer/family and professional partnerships

Target Audience:

- Service Coordinators, Blended Case Managers, Intensive Case Managers, Resource Coordinators, Administrative Case Managers, Peer Specialists, Supervisors, and Program Directors
- Administrative and Clinical Staff from area OMHSAS offices, county mental health programs, provider agencies and state hospitals
- Consumers, parents, family members and advocates
- Personnel from human/health services who work with individuals with serious mental illness and emotional disturbance
- Mental health professionals including psychologists, social workers, counselors, nurses, certified peer specialists, educators, and personal care home administrators.
COURSE DIRECTORS

Joanne Slappo, PhD, CPRP, CRC
Program Coordinator
Office of Education and Regional Programming
Western Psychiatric Institute and Clinic of UPMC

Dennis Kerr, M Ed
Director of Service Coordination
Comprehensive Recovery Services
Western Psychiatric Institute and Clinic of UPMC

Bruce Gnesda, RN
Clinical Administrator
Western Psychiatric Institute and Clinic of UPMC

FACULTY

Doreen Barkowitz, MSW, LSW
Training Coordinator
Youth and Family Training Institute
Western Psychiatric Institute and Clinic of UPMC

Jaspreet Brar, MD, MPH, PhD
Senior Fellow
Western Psychiatric Institute and Clinic of UPMC
Community Care Behavioral Health Organization

Stephen Christian-Michaels, MA, LSW, ACSW
Consultant
Allegheny County Department of Human Services
Office of Behavioral Health

Jessica Demme, MS
Specialized Service Coordinator
Mercy Behavioral Health

Darcey Garda
Manager of Marketing and Development
NAMI of Southwestern Pennsylvania

Katherine F.H. Heart, GPC, MEd
President
Heart Resources, LLC

Rochelle Jackson
Public Policy Advocate
Just Harvest

Saya Krebs, PhD, MCC, CPS
Recovery and Wellness
Senior Recovery and Resiliency Specialist
Community Care Behavioral Health Organization

Judy Kostella, BS
Targeted Case Manager
Mercy Behavioral Health

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Kimberly Mathos, DO, MPH
Adjunct Professor of Psychiatry
University of Pittsburgh School of Medicine

Christine Michaels, MSHSA
Executive Director
NAMI Southwestern Pennsylvania

Margaret J. Park, MDiv, CPS
Wellness Coach Trainer, Recovery Specialist
Creating Communities of Wellness
Allegheny County Department of Human Services
Office of Behavioral Health

Marty Stahl
Director
Volunteers of America of Pennsylvania
Working Order

Kenneth Thompson, MD
Chief Medical Officer
Recovery Innovations
Associate Professor of Psychiatry and
Public Health
University of Pittsburgh School of Medicine

Tanya Walburn, MSW, LSW
Statewide Credentialing Coach for High Fidelity
Wraparound
Youth and Family Training Institute
Western Psychiatric Institute and Clinic of UPMC

Leslie Washington, MSW, LCSW
Director of PHBH Integration
Community Care Behavioral Health Organization
20th PA Case Management Conference
June 27, 2014
Program Agenda

9:00 to 9:15 a.m. Welcome and introduction

9:15 to 10:45 a.m. A Poverty Simulation – Rochelle Jackson, Just Harvest

10:45 to 11:00 a.m. Break

11:00 am-12:30pm Concurrent Workshops, Session I

A. Case Management-The Effects of Poverty on Wellness
   Kenneth Thompson, MD and Margaret Park, MDiv, CPS

B. Financial Recovery and Wellness through Consumer Self-Employment
   Katherine Heart, GPC, MEd and Marty Stahl

C. Mental Health and Poverty – Rising above it!
   Christine Michaels, MSHSA and Darcey Garda

12:30-1:30pm Lunch (to be provided)

1:30 to 3:00 p.m. Concurrent Workshops, Session II

D. Paving New Roads for Improved Life Opportunities in a Specialized Population
   Kimberley Mathos, DO, MPH, Judy Kostella, BS, Jessica Demme, MS

E. Wellness Coaching: Role of the Case Manager
   Jaspreet Brar, MD, MPH, PhD and Leslie Washington, MSW, LCSW

F. Case Management and the High Fidelity Wraparound Process – Working Together to Benefit Youth and Families
   Doreen Barkowitz, MSW, LSW, and Tanya Walburn, MSW, LSW

3:00pm-3:15pm Break

3:15pm -4:30pm Concurrent Workshops, Session III

G. Motivational Interviewing Overview
   Scott Lewis, MS, LPC

H. Developing Empathy for the Lived Experience of Psychiatric Disability: A Simulation of Hearing Distressing Voices
   Saya Krebs, PhD, CLC, CPS

I. Case Management: Using Allegheny County as a Model for Transformation
   Stephen Christian-Michaels, MA, LSW, ACSW

4:30 p.m. Raffles and Adjournment
LOCATION

Doubletree Hotel, Monroeville, PA
101 Mall Blvd
Monroeville, Pennsylvania 15146
(412) 373-7300

REGISTRATION INFORMATION

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<thead>
<tr>
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<th>Before 6/01/14</th>
<th>After 6/01/14</th>
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<tbody>
<tr>
<td>General Tuition</td>
<td>$100</td>
<td>$120</td>
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<tr>
<td>UPMC Staff</td>
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Tuition Includes:

- Registration and course materials
- Continental breakfast, boxed lunch, and coffee break
- Continuing education credit

Full tuition must accompany the registration form. Please return your registration form by June 1, 2014 to benefit from the reduced rate. A $25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Non-UPMC staff can register online at classes.upmc.com (search on case)

Please make your check payable to OERP/WPIC and send it with the registration form to:

Nancy Mundy
OERP/WPIC
3811 O’Hara Street
3rd floor Champion Commons
Pittsburgh, PA 15213
Telephone: (412) 204-9090
FAX: (412) 204-9110
E-mail: mundynl@upmc.edu
http://www.wpic.pitt.edu/oerp

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program.
Continuing Education Credit

Psychologists
Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6 continuing education credits.

Certified Alcohol and Drug Counselor: CADC
Western Psychiatric Institute and Clinic, Office of Education and Regional Programming is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) continuing education credits for those participants attending the entire program.

Counselors
Western Psychiatric Institute and Clinic is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events the meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This program is being offered for 6.0 continuing education credits.

Certified Psychiatric Rehabilitation Practitioners: CPRP
A total of 6 credit hours can be applied to training hours for the Certified Psychiatric Rehabilitation Practitioner (CPRP).

Certified Rehabilitation Counselors: CRC
Western Psychiatric Institute and Clinic is approved by the Commission on Rehabilitation Counselor Certification (CRCC) and accredited by the National Commission for Certifying Agencies to provide continuing education credits to certified rehabilitation counselors (CRC). WPIC adheres to the CRCC Continuing Education guidelines and has applied for 6.0 hours for participation in this conference. Approval is currently pending.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 6 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Certificate of Annual Administrator Training- Personal Care Home Administrators
The indicated numbers of clock hours are approved by the Department of Public Welfare Bureau of Adult Residential Licensing. These clock hours may count towards the 24 hours of annual training for administrators required in 55 Pa. Code Chapter 2600 (relating to personal care homes).

Act 48
Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. WPIC adheres to the Act 48 Continuing Education Guidelines.

Other Healthcare Professionals
Nurses and other health care professionals are awarded 0.6 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming 6.0 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.
Registration Form:
20th Annual Pennsylvania Case Management Conference: Poverty and Mental Illness - Can the Connection be Broken? June 27, 2014 (MC73)

Please register before June 1 to benefit from the reduced rate. Non-UPMC staff can register online at classes.upmc.com (search on case)

(Please type or print; photocopy for additional registrants; Telephone registrations cannot be accepted.)

Social Security Number: (Last five digits only): __________

Name: ____________________________

Degree(s) for Name Badge (i.e. MD, PhD):

Institutional Affiliation:

Address:

City ____________________________ State: __________ Zip: __________

County: ____________________________

Day Telephone (______-______-______)

E-Mail Address: ____________________________

Please indicate which workshops you plan to attend (Please circle):

Workshop Session I: A B C

Workshop Session II: D E F

Workshop Session III: G H I

For Continuing Education Purposes, please check if you are:

☐ CADC ☐ CPRP ☐ CRC ☐ CPRP ☐ Educator/Act 48

☐ LPC ☐ LSW/LCSW/LMFT ☐ NBCC Counselor ☐ Nurse ☐ Psychologist ☐ PCHA

Tuition Enclosed: ____________________________

Method of Payment:

☐ Check (Payable to OERP/WPIC - Check# __________)

☐ Visa ☐ MasterCard ☐ AMEX ☐ Discover ☐ UPMC Account Transfer

To be completed by credit card users only:

Card Number: ____________________________ Expiration Date: ____________________________

Signature: ____________________________ Security Code: ____________________________

(three digits on back of card)

To be completed for UPMC account transfers only:

Business Unit: ____________________________ Department ID: ____________________________ Product Code: ______

Administrator’s Name: ____________________________

Administrator’s Signature: ____________________________

Credit Card Registrations may be faxed to 412-204-9110