“Mothers with Borderline Personality Disorder: Opportunities for Assessment and Intervention” (A087)

Videoconference

Quiz for General CEUs, Act 48, CADC, CPRP, NBCC, PCHA, Psychologist, and Social Work/LPC/LMFT

Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the webcast of the webcast listed above. In order for Western Psychiatric Institute and Clinic to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit on the next page. After finishing, sign as indicated on the second page and return both forms by mail to:

Jennifer Lichok
WPIC/OERP
3811 O’Hara Street
Champion Commons, Third Floor
Pittsburgh, PA 15213

TRUE/FALSE – Please indicate whether the statement below is true or false.

1. Emotion dysregulation is a core feature of borderline personality disorder.
   A. True
   B. False

2. There are well-established clinical guidelines for how to work with mothers with borderline personality disorder.
   A. True
   B. False

3. Dialectical behavior therapy is an effective intervention for treating individuals with borderline personality disorder.
   A. True
   B. False

4. Dialectical behavior therapy focuses on acceptance skills only.
   A. True
   B. False

5. Mothers in treatment for borderline personality disorder were found to be unaware of how their symptoms affected their parenting.
   A. True
   B. False

6. The prevalence rates of borderline personality disorder in the community are roughly equivalent to the prevalence rates observed within clinical settings.
   A. True
   B. False

7. Many individuals with borderline personality disorder engage in suicidal behaviors.
   A. True
   B. False

8. A clinical concern voiced by mothers with borderline personality disorder pertains to whether or how they should tell their children about their mental health diagnosis.
   A. True
   B. False
9. Providers should tell mothers with borderline personality disorder that it is always a good idea to be completely transparent about their diagnosis with their children.
   A. True
   B. False

10. There are four sets of skills taught in dialectical behavior therapy, including mindfulness skills.
    A. True
    B. False

11. There is no evidence that borderline personality disorder is a stigmatized form of mental illness.
    A. True
    B. False

12. Radical acceptance is a form of distress tolerance.
    A. True
    B. False
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APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR General CEUs, Act 48, CADC, CPRP, NBCC, PCHA, Psychologists, and Social Work/LPC/LMFT (2.0 CREDIT HOURS)

INSTRUCTIONS: In order for Western Psychiatric Institute and Clinic to record the credit you earn by viewing this program, we request that you follow the directions below:
1. Print your name, address, and social security number clearly below.
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I hereby affirm that I viewed the videoconference web cast indicated above:

Signature ___________________________ Date Completed ___________________________

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TYPE OF CREDIT: Please Indicate Your Certification Needs

☐ Act 48: Educators (please complete Act 48 packet)  ☐ CADC: Certified Alcohol and Drug Counselor
☐ CEU: General Continuing Education Credit  ☐ CPRP: Certified Psychiatric Rehabilitation Practitioners
☐ NCC: National Certified Counselors  ☐ PCHA: Personal Care Home Administrators
☐ Psychologist  ☐ SW/LPC/LMFT: Social Work (LCSW, MSW)

PAYMENT ENCLOSED:
☐ $30 for Act 48, CADC, CEU, CPRP, NBCC, PCHA, Psychologist, or Social Work credit.

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Send these two forms to the above address. If your score is 80% or above, you will receive a certificate via mail. If you have any questions, contact Jennifer Lichok at lichokjl@upmc.edu or 412-204-9088.