

WESTERN PSYCHIATRIC INSTITUTE AND CLINIC
OF UPMC PRESBYTERIAN-SHADYSIDE
OFFICE OF EDUCATION AND REGIONAL PROGRAMMING

CO-SPONSORED BY ADDICTION MEDICINE SERVICES

Advanced Group Counseling for Addiction or Co-Occurring Disorders

November 19, 2009
9 a.m. – 4 p.m.
UPMC Shadyside, Herberman Conference Center
5230 Centre Avenue
Pittsburgh, PA 15232
Course Code: MC13

Presenters:

Addiction Medicine Faculty and Staff
WPIC

Program Description:

This workshop will build upon the previous workshop. Adhering to best practice for evidenced based group treatment for dual disorders requires treatment staff that is well-versed in group counseling principles, utilize a core curriculum, adhere to a topic group protocol and have experience in facilitating groups for dual disorder clients. This session is for participants who have received prior training and have a basic understanding of topic groups for dual disorders. The focus of the session will be practice-based and include group simulations, case studies and designing protocols to ensure best practice is adhered to by all staff who conduct groups in your treatment program. It will also focus on the use of an adherence scale to insure fidelity to the group model, which can be used by the group leader to rate oneself and/or used by a supervisor to rate the group leader. Participants will also discuss case studies of specific dual disorder clients involved in group process.

Educational Objectives:

- At the conclusion of this program participants should be able to:
1. Identify the types, formats and goals of psychoeducational and therapy groups.
 2. Identify at least 3-5 experiential strategies to incorporate in various types of group treatments
 3. Experience simulated group facilitation for addiction or dual disorders groups.
 4. Identify best practice protocol and adherence checklists to assure continuity of evidenced based group modalities in a treatment program.

Target Audience:

Clinicians and other professionals from both the mental health and substance abuse treatment fields who work with individuals with co-occurring disorders.

Continuing Education Credits:

ACT 48 – 5.0	CPRP – 5.0	PSYCHOLOGIST – 5.0
CAC – 5.0	NBCC – 5.0	SW – 5.0
CEU – 0.5	PCHA – 5.0	

Tuition: \$80.00

WPIC and all UPMC employees: \$50.00 — Fee Waived for Addiction Medicine Staff
Full tuition must accompany the registration form. Refunds must be requested in writing two weeks prior to the program or a \$15.00 administrative fee will be deducted.

To register: Please complete the attached registration form or download the form at
www.wpic.pitt.edu/oerp

Contact: Program Coordinator Joanne Slappo, PhD, CPRP, CRC (412) 802-6918
Registration Nancy Mundy (412) 802-6900

Telephone registrations CANNOT be accepted

DIRECTIONS:

NorthCo Vocational Training Center
RIDC Park, 104 Beta Drive, Pittsburgh, PA 15238, 412-447-0009

From Pittsburgh: Follow I-279 North to exit 7C/State Hwy 28 N/Etna/Chestnut St./E Ohio St. Follow PA-28 N to exit 10 for RIDC Dr. Turn right at Beta Dr.

Pressley Ridge
5500 Corporate Drive, Suite 400, Pittsburgh, PA 15237

From Downtown Pittsburgh: Take I-279 North approximately 3.5 miles to exit 11/McKnight Road. Take the ramp for McKnight Road. Stay on McKnight Road for about 4.5 miles (passing Northway Mall on your left and proceeding through the traffic light). Merge into the right lane and turn right before the next light onto Babcock Boulevard. Stay to the left and bear left onto Corporate Drive.

St. Joseph Spirituality Center
1020 State Street, Baden, PA 15005, 724-869-6585

From Downtown Pittsburgh: Cross the Fort Duquesne Bridge toward North Side. Follow signs to Route 65 North (Ohio River Boulevard) past the North Side and the West End Bridge. Stay on Rt. 65 North the rest of the way. Pass through Bellevue, Emsworth, Sewickley, Leetsdale and Ambridge. (Note: It is approximately 12 miles from the intersection of Interstate 79 and Route 65 – between Emsworth and Sewickley – to St. Joseph Spirituality Center.) After Ambridge the road becomes a 4-lane open road with a speed limit of 55 mph. Count three (3) traffic lights after this open road. The first traffic light is at the end of the open road with a “Sheetz” gas station on the right. The next light has a Pizza Hut and McDonalds on the right side. After this light, move into the right lane. The third light has a small ice cream store on the right. Shortly after this light (about ten car lengths long), jog to the right onto State Street - a side road that runs parallel to Route 65 - by Anderson’s candy store. St. Joseph Spirituality Center is on the right. The property has three buildings – Mt. Gallitzin Academy, the Convent Building, and Villa St. Joseph. Take the first driveway on the right (marked Sisters of St. Joseph/Mt. Gallitzin Academy) and park in the lot immediately to your right. Walk along the roadway in front of the academy building to the first entrance. If you are lost, call 724-869-2151 for directions.

UPMC Horizon
110 North Main Street Greenville, PA 16125

From Pittsburgh take I-79 North to exit 130 (old exit 34) to Route 358 West. Take Route 358 West into Greenville. After passing underneath a railroad overpass, go about 500 feet more. Turn right onto Third Avenue. You will come out on North Main Street, directly in front of UPMC Horizon. Turn left to park.

UPMC Shadyside
5230 Centre Avenue
Pittsburgh, PA 15232-1381, 412-623-2121

(Note: These directions are for the West Wing Auditorium (inside hospital), Herberman Conference Center (inside the Medical Center Building) and Cooper Conference Center (inside the Hillman Cancer Center directly across the street from the Medical Center Garage)
From Pittsburgh take 376 East toward Monroeville, ext 2A onto Forbes Avenue toward Oakland. Make a left at Morewood Avenue, then right at Centre Avenue
To park at the Medical Center Garage: At the first stoplight before the hospital main entrance turn right into the Medical Center Garage.
TO RECEIVE THE DISCOUNTED PARKING RATE, PLEASE PARK IN THE MEDICAL CENTER GARAGE

California University of Pennsylvania, Natali Student Center
250 University Avenue
Room 230
California, PA 15419 (724) 938-4439

[From Pittsburgh](#)

Interstate 79 South to Interstate 70 Exit, Interstate 70 East to Exit 37A (Toll Road 43). Take Exit 32 toward California, PA, merge onto Malden Drive. Malden Drive becomes Wood Street. Turn right onto 3rd street, turn left onto University Avenue. Student Center is on the right.

Community Counseling Center of Mercer County
2201 East State Street
Hermitage, PA 16148 (724) 981-7041

Take I-279 N. Merge onto I-79 N via Exit 20. Then exit onto I-80 W. From I-80, turn onto Route 18 N (Hermitage). At intersection of Business Route 62 (at First National Bank), turn left (also called State Street). Proceed through several stop lights and up the hill. Go past the Giant Eagle and Kmart. You will see the sign for Community Counseling Center on the right.”

