Psychopharmacology Review

October 29, 2015
9:00 a.m. to 3:00 p.m.
Rodef Shalom Congregation
4905 Fifth Avenue, Room ALC1
Pittsburgh, PA 15213
Course Code: R844

Presenters:
Tanya Fabian, PharmD, PhD, BCPP
Associate Professor of Pharmacy and Therapeutics and Psychiatry
University of Pittsburgh Schools of Pharmacy and Medicine
Director of Pharmacy Research and Pharmacy Services
Western Psychiatric Institute and Clinic of UPMC

Additional Faculty TBA

Program Description:
This program will provide an overview of commonly prescribed psychotropic medications for adults with mental illness. Major medication classes and novel agents will be reviewed including approved indications and off-label uses, common adverse drug reactions and drug interactions and appropriate efficacy and safety monitoring. Current treatment strategies, clinical pearls and medication counseling points for adults with mental illness and their families will be discussed. In addition, this program will identify challenges that patients may encounter with regards to psychotropic medication access and the importance of medication adherence in recovery.

Educational Objectives:
At the conclusion of this program participants should be able to:
- Identify psychotropic medications commonly used in the treatment of chronic mental illness including Mood, Psychotic and Substance Use Disorders.
- Recognize and screen for common or serious side effects of psychotropic medications.
- Assist and educate patients and their families on appropriate efficacy and safety monitoring of psychotropic medications.
- Describe barriers to psychotropic medication access and discuss the importance of medication adherence in helping support patients in their recovery.

Target Audience:
This is an introductory program for all clinical and research professionals, students, trainees, as well as interested family members and consumers.

Continuing Education Credits:

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<tr>
<th>ACT 48 – 5.0</th>
<th>CPRP – 5.0</th>
<th>PCHA – 5.0</th>
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<tr>
<td>CADC – 5.0</td>
<td>LPC – 5.0</td>
<td>PSYCHOLOGIST – 5.0</td>
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<td>CEU – 0.5</td>
<td>NCC – 5.0</td>
<td>SW/LPC/LMFT – 5.0</td>
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Tuition: $89
Tuition for Western Psychiatric Institute and Clinic and all UPMC employees is $50. Full tuition must accompany the registration form. Refunds must be requested in writing two weeks prior to the program or a $15 administrative fee will be deducted.

To register, please complete the attached registration form or download the form at www.wpic.pitt.edu/oerp.

Contact: Program Coordinator
Joanne Slappo, PhD, CPRP, CRC 412-204-9077 slappojm@upmc.edu
Registration
Mary Beth Papciak, MS 412-204-9086 papciakm@upmc.edu
## Continuing Education Credit

Each program is offered for the designated number of continuing education credits

### EDUCATORS: ACT 48

Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. Western Psychiatric Institute and Clinic adheres to the Act 48 Continuing Education Guidelines.

### CERTIFIED ALCOHOL AND DRUG COUNSELORS/CERTIFIED CO-OCcurring DISORDERS PROFESSIONAL: CADC/CCDP

The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic of UPMC is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-Occurring Disorders Professional (CCDP) continuing education credits.

### MENTAL HEALTH PROFESSIONALS: CEU

Nurses and other health care professionals are awarded the designated number of Continuing Education Units (CEU). One CEU is equal to 10 contact hours. Nurses: For attendance at this program you will receive a Certificate of Attendance confirming the designated number of hours of continuing education. These hours may be considered eligible in completing the 30 hours of continuing education required for bi-annual nursing relicensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.

### CERTIFIED PSYCHIATRIC REHABILITATION PRACTITIONERS: CPRP

The announced credit hours for each program can be applied to your training hours for the Certified Psychiatric Rehabilitation Practitioners (CPRP).

### COUNSELORS

Western Psychiatric Institute and Clinic has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Western Psychiatric Institute and Clinic is solely responsible for all aspects of this program.

### CERTIFICATE OF ANNUAL ADMINISTRATOR TRAINING – PERSONAL CARE HOME ADMINISTRATORS: PCHA

The indicated numbers of clock hours are approved by the Department of Public Welfare Bureau of Adult Residential Licensing. These clock hours may count towards the 24 hours of annual training for administrators required in 55 Pa. Code Chapter 2600 (relating to personal care homes).

### PSYCHOLOGISTS

Western Psychiatric Institute and Clinic of UPMC is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic of UPMC maintains responsibility for this program and its content.

### LICENSED/CLINICAL SOCIAL WORKERS, LICENSED PROFESSIONAL COUNSELORS, LICENSED MARRIAGE AND FAMILY THERAPISTS: SW/LPC/LMFT

The indicated number of clock hours of continuing education is provided through co-sponsorship of the University of Pittsburgh School of Social Work, a PA-approved provider of social work continuing education in accordance with all the applicable educational and professional standards of the Council on Social Work Education. These clock hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For information of social work continuing education, call 412-624-3711.
Rodef Shalom Congregation
4905 Fifth Avenue, Room ALC1
Pittsburgh, PA 15213
412-621-6566

From Pittsburgh: Start out northeast on Grant St toward Sixth Avenue. Take the 1st right onto Sixth Avenue. Turn right onto Ross Street. Turn left onto Second Avenue. Turn left onto Brady Street. Turn right onto Forbes Avenue. Turn left onto S Craig Street. Turn right onto Fifth Avenue. Destination will be on the left.
REGISTRATION FORM FOR THE REGIONAL TRAINING SERIES – FALL 2015

PLEASE NOTE: Pre-registration is required. Telephone registrations CANNOT be accepted. Please register at least two weeks before the course(s) you plan on attending as space may be limited. Your registration can be verified at our website.

Only the continuing education credits listed on the individual program description are available for that program.

Information on upcoming WPIC/OERP programs is available on the OERP website at http://www.wpic.pitt.edu/oerp

Social Security# (last 5 digits):

Name (Last, First):

FOR CONTINUING EDUCATION PURPOSES, PLEASE INDICATE YOUR CERTIFICATION NEEDS:

Agency:

☐ ACT 48  ☐ NCC

Address:

☐ CADC  ☐ NURSE

City:

☐ CERTIFIED PEER SPECIALIST  ☐ POHA

State:

☐ CEU  ☐ PSYCHOLOGIST

Zip Code:

County:

☐ CPRP  ☐ SOCIAL WORK

Day Telephone:

☐ LPC

Are you a WPIC employee?  ☐ Yes  ☐ No

Email:

Please indicate with an X which program(s) you wish to attend:

WPIC/UPMC Tuition

R841 $89 $50* Recovery Oriented Services for Behavioral Health
September 9, 2015, Community Counseling Center of Mercer County, Hermitage, PA

R846 $89 $50* Family Therapy in Treating the Evolving Family
September 18, 2015, WCSI Community Center, Greensburg, PA

R845 $89 $50* Helping Parents to Parent: Providing Parenting Education for Parents in Treatment and Recovery
September 24, 2015, Fayette County Behavioral Health Administration, Uniontown, PA

R843 $89 $50* Managing Chronic Diseases in Children/Adolescents and Adults with Behavioral Health Issues
September 28, 2015, Passavant Conference Center, Cumberland Woods Village, Allison Park, PA

R848 $89 $50* Introduction to Motivational Enhancement Therapy
October 6, 2015, Waynesburg University-Southpointe Campus, Canonsburg, PA

R842 $89 $50* Cognitive Behavior Therapy (CBT) Across the Lifespan
October 21, 2015, UPMC Horizon, Greenville, PA

R844 $89 $50* Psychopharmacology Update
October 29, 2015, Rodef Shalom Congregation, Pittsburgh, PA

R849 $89 $50* Forensics and Addiction
November 3, 2015, WCSI Community Center, Greensburg, PA

R852 $150 $100* Motivational Interviewing Assessment Supervisory Tools for Enhancing Proficiency (MIA STEP)
November 9 & 10, 2015, re:solve Crisis Network, Pittsburgh, PA

R851 $150 $100* Basic Case Management
November 12 & 13, 2015, Pressley Ridge Corporate Office, Pittsburgh, PA

R850 $89 $50* Children’s Case Management
December 2, 2015, Pressley Ridge Corporate Office, Pittsburgh, PA

R853 $89 $50* Basic Motivational Interviewing
December 4, 2015, Rodef Shalom Congregation, Pittsburgh, PA

R847 $89 $50* Problem Gambling Prevention and Treatment
December 10, 2015, Waynesburg University-Southpointe Campus, Canonsburg, PA

Total:

*Fee for staff at Western Psychiatric Institute and Clinic of UPMC and all UPMC employees

Total enclosed: ____________________________

Method of payment:

☐ Check (Payable to OERP/WPIC)  Check number: ____________________________  ☐ UPMC Account Transfer

☐ American Express  ☐ Discover  ☐ MasterCard  ☐ Visa

☐ Fee Waived – Addiction Medicine staff – (R848, R852, R853, R847 programs only)

To be completed by credit card users:

Card number: ____________________________  Expiration date: __________/____

Security code (3 or 4 digits on back of card): ____________________________  Signature: ____________________________

To be completed for UPMC account transfers:

Business unit: ____________________________  Department ID: ____________________________  Program code: ____________________________

Administrator’s name: ____________________________  Administrator’s signature: ____________________________