



“SUICIDE PREVENTION IN SCHOOLS: BEST PRACTICES AND QUESTIONABLE PRACTICES” (A034)

2009 Youth and Family Training Institute Videoconference and Webcast Series
Quiz for General CEUs, Act 48, CAC/CCDP, NBCC, Psychologist or Social Work/LPC/LMFT Continuing
Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the web cast of the webcast listed above. In order for Western Psychiatric Institute and Clinic to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit on the next page. After finishing, sign where indicated on the second page and return both forms by mail to:

Jennifer Lichok
WPIC/OERP
4601 Baum Building, Room 178
3811 O’Hara Street
Pittsburgh, PA 15213

MULTIPLE CHOICE – Please select the BEST answer.

- 1. Suicide prevention models should:**
 - A. Incorporate current research on suicide
 - B. Include prevention, intervention and postvention services
 - C. Include safeguards for suicide contagion
 - D. Reflect best clinical practice in the assessment, treatment and crisis management of suicidal individuals
 - E. All of the above
- 2. Which of the following statements is FALSE?**
 - A. Almost 20% of high school students report that they have considered a suicide attempt.
 - B. Suicide is the third leading cause of death among elementary school students.
 - C. Few school-based suicide prevention models have been thoroughly evaluated.
 - D. Research on school-based prevention models often provides conflicting results.
- 3. The following is NOT a requirement for a successful school-based suicide prevention approach:**
 - A. Staff development
 - B. Funding
 - C. Using no-suicide contracts with students
 - D. Interagency collaboration
- 4. According to research, MOST school staff members:**
 - A. Can identify suicide risk factors
 - B. Understand that a family history of suicide increases suicide risk
 - C. Can identify behaviors that serve as warning signs of suicide
 - D. Are unaware of the connection between psychiatric disorders and suicide
- 5. School (and central office) suicide policies and procedures should always include all of the following EXCEPT:**
 - A. Ongoing training to staff members
 - B. Unchanging information year to year
 - C. Consideration of the local community and available resources
 - D. An annual systematic review of practices



- 6. Screening procedures:**
 - A. Are most effective when paired with treatment referrals
 - B. Have a low rate of false positive identification
 - C. Are effective in reducing suicidal behaviors
 - D. Are widely accepted by school administrators and counselors
- 7. Student suicide curricula:**
 - A. May encourage the contagion effect
 - B. Increases students' knowledge about suicide, leading to a decrease in suicidal behavior
 - C. Are best when used with high-risk students only
 - D. Are typically cost-effective
- 8. Which of the following is an example of a skills-focused training program for students:**
 - A. Reconnecting Youth
 - B. Yellow Ribbon
 - C. SOS
 - D. LivingWorks
- 9. Which of the following statements is NOT true of gatekeeper training programs:**
 - A. Gatekeeper training can increase the intervention skills of school staff members
 - B. School administrators typically accept Gatekeeper training programs
 - C. A vast body of research has validated Gatekeeper training as an effective suicide prevention practice
 - D. Gatekeeper programs train staff members to take suicidal threats seriously
- 10. Effective school-based suicide prevention programs should include participation from:**
 - A. School administrators and teachers
 - B. School counselors and psychologists
 - C. Parents and community members
 - D. All of the above
- 11. To select the best suicide prevention programs for your school, you should:**
 - A. Choose the most visible program
 - B. Review current research/data and conduct independent local studies
 - C. Focus your search on programs that fit into your school's budget
 - D. Replicate the procedures of nearby school districts
- 12. The following is NOT a requirement for a successful school-based suicide prevention approach:**
 - A. Public awareness
 - B. Data collection
 - C. District-wide policies and procedures
 - D. Student assemblies



*Western Psychiatric Institute and Clinic
Office of Education and Regional Programming*

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**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR
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1. Print your name, address, and social security number clearly below.
2. Sign the statement affirming your attendance at the session.
3. **Return with payment to:** Jennifer Lichok
WPIC/OERP
4601 Baum Building, Room 178
3811 O’Hara Street
Pittsburgh, PA 15213

I hereby affirm that I viewed the videoconference web cast indicated above:

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PAYMENT ENCLOSED:

- \$30 for Act 48, CAC/CCDP, NBCC, Psychologist or Social Work credit.
- \$15 for General CEU (**not** for professional licensure)

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