



**“THE ROLE OF TRAUMA INFORMED CARE: RESPONDING TO THE THREAT OF
YOUTH VIOLENCE AND YOUTH SUICIDE” (A027)**

2009 Videoconference Series

Quiz for General CEUs, Act 48, CME, NBCC, Psychologist or Social Work/LPC/LMFT
Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the web cast of the videoconference listed above.
In order for Western Psychiatric Institute and Clinic to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit on the next page. After finishing, sign where indicated on the second page and return both forms by mail to:

Jennifer Lichok
WPIC/OERP
4601 Baum Building, Room 178
3811 O’Hara Street
Pittsburgh, PA 15213

MULTIPLE CHOICE – Please choose the BEST answer.

1. **Which of the following may be part of the trauma response:**
 - A. Extreme focusing
 - B. Greater strength than usual
 - C. Release of adrenaline
 - D. Spacing out
 - E. All of the above
2. **Which of the following statements about childhood trauma are correct?**
 - A. Parts of the brain may be smaller than usual.
 - B. Brain growth is complete by age 10, and the effects of trauma are irreversible.
 - C. Connections between parts of the brain may be decreased.
 - D. The effects of neglect, as compared to abuse, are typically mild.
 - E. A and C
 - F. All of the above
3. **When youth are upset and are on the verge of losing control, which of the following would be indicated?**
 - A. Ask the youth what is wrong.
 - B. Ask how you can help.
 - C. Make use of the safety plan
 - D. All of the above
4. **Which of the following are key elements of trauma informed systems?**
 - A. Trustworthiness
 - B. Empowerment
 - C. Collaboration
 - D. Safety
 - E. Choice
 - F. All of the above

PLEASE CONTINUE TO THE NEXT PAGE



TRUE/FALSE – Indicate whether the statements below are TRUE or FALSE.

- 5. Current evidence suggests that childhood trauma is a significant public health problem.**
 - A. True
 - B. False
- 6. The ACE Study provides further evidence that childhood trauma and other adverse life experiences during childhood are primarily linked to family socioeconomic status.**
 - A. True
 - B. False
- 7. Information about hyperarousal and neurobiological regression following trauma indicate a need for adults to think twice before concluding that a child’s negative behavior is intentional.**
 - A. True
 - B. False
- 8. Trauma informed care is a highly specialized intervention to be implemented primarily by clinicians.**
 - A. True
 - B. False
- 9. “Universal precautions” in relation to trauma involves staff wearing gloves as a preventative intervention in the presence of violent youth who might inflict serious injury.**
 - A. True
 - B. False
- 10. When staff learn that a youth has a history of trauma, it is important to determine the most appropriate type of trauma specific treatment right away so that additional time is not lost.**
 - A. True
 - B. False



*Western Psychiatric Institute and Clinic
Office of Education and Regional Programming*

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**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR
General CEUs, Act 48, CME, NBCC, Psychologists and Social Work/LPC/LMFT
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I hereby affirm that I viewed the videoconference web cast indicated above:

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<input type="checkbox"/> CEU: General Continuing Education Credit	<input type="checkbox"/> CME: Physicians, CRNP, PA
<input type="checkbox"/> NBCC: National Board of Certified Counselors	<input type="checkbox"/> Psychologist
<input type="checkbox"/> Act 48 (Educators) Professional Personnel ID #: _____ (please complete Act 48 packet)	
<input type="checkbox"/> SW/LPC/LMFT: Social Work	

PAYMENT ENCLOSED:

- \$30 for Act 48, CME, NBCC, Psychologist or Social Work credit.
- \$15 for General CEU (**not** for professional licensure)

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Please mail these two forms to the above address. If your score is 80% or above, you will receive a certificate via mail. If you have any questions please call Jennifer Lichok at 412-802-6915.

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