



**“TREATMENT OF CHILDREN AND ADOLESCENTS WITH BIPOLAR DISORDER”  
(A011)**

2007 Videoconference Series

Quiz for General CEUs, CAC, or Social Work Continuing Education Credit (2.0 credit hours)

**DIRECTIONS: Complete this test after viewing the web cast of the videoconference listed above.**

In order for Western Psychiatric Institute and Clinic to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit on the next page. After finishing, sign where indicated on the second page and return both forms by mail to:

Jennifer Lichok  
WPIC/OERP  
4601 Baum Blvd, Room 178  
3811 O’Hara Street  
Pittsburgh, PA 15213

**MULTIPLE CHOICE - Choose the BEST answer to each of the following multiple choice questions.**

- 1. Features of bipolar disorder include the following:**
  - A. Periods of abnormally elevated, irritable and/or depressed mood
  - B. Changes or abnormality in psychomotor activity/energy
  - C. Changes or abnormality in speed of cognitive processing
  - D. A & B only
  - E. All of the above
- 2. Which of the statements below is TRUE about manic-depression in children?**
  - A. It is impossible to occur in children
  - B. Adults with bipolar disorder never have symptoms as children
  - C. Very few treatment studies exist for this population
  - D. None of the above
- 3. Developmental manifestations of manic symptoms in children include all but the following:**
  - A. Giggling uncontrollably in class while peers are calm
  - B. Finds everything funny and they don’t know why
  - C. Staying up late because they are rearranging furniture and cleaning
  - D. Pretending that they are a superhero
- 4. Family-focused treatment for bipolar adolescents includes:**
  - A. Identifying and addressing co-morbid disorders
  - B. An active use of self-related mood charts
  - C. Avoiding over-stimulation
  - D. A & C only
  - E. All of the above

**TRUE/FALSE – Indicate whether the statements below is TRUE or FALSE.**

- 5. Psychosocial interventions are used as adjuncts to medication in treating bipolar disorder in children and adolescents.**
  - A. True
  - B. False



*Western Psychiatric Institute and Clinic  
Office of Education and Regional Programming*

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**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR  
General CEUs, CAC, and Social Work CREDIT ONLY (2.0 CREDIT HOURS)**

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WPIC/OERP  
4601 Baum Blvd, Room 178  
3811 O’Hara Street  
Pittsburgh, PA 15213

I hereby affirm that I viewed the Videoconference web cast indicated above:

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**TYPE OF CREDIT: *Please Indicate Your Certification Needs***

<input type="checkbox"/> CAC: Certified Addiction Counselor	<input type="checkbox"/> SW: Social Work
<input type="checkbox"/> CEU: General Continuing Education Credit	

**PAYMENT ENCLOSED:**

- \$30 for CAC and SW credit only.      \$15 for General CEU (not for professional licensure)

**PAYMENT TYPE:**

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UPMC Account Transfer: Dept. ID: \_\_\_\_\_ Account # \_\_\_\_\_  
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