“INTERACTION BETWEEN PHYSICAL ILLNESS AND MENTAL ILLNESS IN THE ELDERLY” (A041)  
2010 Videoconference Series  
Quiz for General CEUs, Act 48, CADC/CCDP, CPRP, NBCC, PCHA, Psychologist, and Social Work/LPC/LMFT Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the webcast of the webcast listed above. In order for Western Psychiatric Institute and Clinic to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit on the next page. After finishing, sign as indicated on the second page and return both forms by mail to:  
Jennifer Lichok  
WPIC/OERP  
3811 O’Hara Street  
Champion Commons, Third Floor  
Pittsburgh, PA 15213

TRUE/FALSE – Please indicate whether the statements below are true or false.
1. Depression increases the risk of death post-myocardial infarction (MI).  
   A. True  
   B. False
2. Atypical antipsychotics appear to be safe and effective for short-term use in delirious elderly patients though data is still limited.  
   A. True  
   B. False
3. Individuals with schizophrenia have a similar life span as the general population.  
   A. True  
   B. False

MULTIPLE CHOICE – Please select the BEST answer.
4. In regards to psychiatric illness in medically ill patients:  
   A. They are more prevalent in medical hospitals as compared to the community  
   B. Depression is twice as common in hospital patients as compared to community patients  
   C. Substance abuse is 2 to 3 times greater in hospitalized patients as compared to the community patients  
   D. B & C only  
   E. All of the above
5. In regards to medical Illness in psychiatric patients:  
   A. There is a lower prevalence of diabetes, obesity, dyslipidemia, hypertension, and cardiovascular disorders in patients with chronic mental illnesses  
   B. There is decreased mortality in many of the chronically mentally ill patients due to these associated medical burdens  
   C. Life span decreases on an average of 15 years in chronically mentally ill  
   D. All of the above
6. Why should we care about the connection between psychiatric and medical interactions?  
   A. Medical and psychiatric disorders interaction is rarely missed  
   B. Interaction usually complicates treatment and treatment choices  
   C. Interaction leads to longer length of stay  
   D. B & C only  
   E. All of the above
7. In delirium, what cognitive domain does it affect?
   A. Memory
   B. Attention
   C. Orientation
   D. Abstraction

8. Clinical features of delirium include:
   A. Deficit in attention, memory, higher order functions
   B. Perceptual disturbances including hallucinations, delusion, abnormal thought processes
   C. Disruption of wake/sleep cycle, insomnia, nightmares
   D. A & B only
   E. All of the above

9. In the delirium prevention trial conducted by Kalisvaart et al, what was the main outcome in the haloperidol group?
   A. Lesser incidence of delirium
   B. Lesser duration of delirium
   C. Higher severity of delirium symptoms
   D. No effect on delirium

10. Non-pharmacological management of delirium includes:
    A. Orientation protocol
    B. Therapeutic activities
    C. Sleep-enhancement protocol
    D. A & B only
    E. All of the above

11. Elderly bipolar patients have higher rates of which of the following?
    A. Diabetes
    B. Non smokers
    C. Favorable social situations
    D. All of the above

12. In regards to the interaction between physical illness and mental illness in the elderly:
    A. Interaction between medical and psychiatric illness is a common challenge
    B. Knowledge of these interactions is essential in providing appropriate clinical care for the elderly
    C. Medication related concerns should be closely monitored in the elderly as they seem to suffer the most from them
    D. All of the above

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1. Print your name, address, and social security number clearly below.
2. Sign the statement affirming your attendance at the session.
3. Return with payment to: Jennifer Lichok
   WPIC/OERP
   3811 O’Hara Street
   Champion Commons, Third Floor
   Pittsburgh, PA 15213

I hereby affirm that I viewed the videoconference web cast indicated above:

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TYPE OF CREDIT: Please Indicate Your Certification Needs
☐ Act 48: Educators (please complete Act 48 packet) ☐ CAC/CCDP: Certified Addiction Counselor
☐ CEU: General Continuing Education Credit ☐ CPRP: Certified Rehabilitation Practitioners
☐ NBCC: National Board of Certified Counselors ☐ PCHA: Personal Care Home Administrators
☐ Psychologist ☐ SW/LPC/LMFT: Social Work (LCSW, MSW)

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