



“REACTIVE ATTACHMENT DISORDER: DIAGNOSIS, TREATMENT, PARENTING AND EVIDENCE-BASED PRACTICES” (A029)

2009 Youth and Family Training Institute Videoconference and Webcast Series
Quiz for General CEUs, Act 48, CAC/CCDP, NBCC, Psychologist or Social Work/LPC/LMFT Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the web cast of the webcast listed above. In order for Western Psychiatric Institute and Clinic to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit on the next page. After finishing, sign where indicated on the second page and return both forms by mail to:

Jennifer Lichok
WPIC/OERP
4601 Baum Building, Room 178
3811 O’Hara Street
Pittsburgh, PA 15213

MULTIPLE CHOICE – Please select the best answer to the following questions.

1. **Which of the following is NOT true of the Attachment Cycle:**
 - A. The attachment cycle includes the reciprocal interaction between primary caregiver and child
 - B. The attachment cycle results in the development of emotional connections which results in the development of empathy.
 - C. A broken attachment cycle always lends to some level of distrust of the primary caregiver
 - D. Attachment cycle can be broken only by abuse and neglect
2. **The symptoms of poor reality testing, prolonged tantrums without clear triggers and presenting with free-floating anxiety as the predominant emotion describes which type of severe attachment disorder subtype?**
 - A. Isolated-avoidant
 - B. Dependant-clingy
 - C. Bizarre-disorganized
 - D. Inattentive-hyperactive
3. **Which of the following are NOT critical symptoms or red flags for attachment disorder?**
 - A. Superficially engaging and charming
 - B. Tantrums and aggression
 - C. Obvious absurd lying
 - D. Affectionate only on their own terms
4. **Allegations of abuse:**
 - A. Should always be considered valid unless proven otherwise
 - B. Are usually indications of severe psychosis
 - C. Can be used by children to manipulate caregivers and distance themselves when emotional connection increases
 - D. Should be documented by caregivers for later discussion in psychotherapy

PLEASE CONTINUE TO NEXT PAGE



5. **Frontal lobes are important for:**
 - A. Problem solving
 - B. Organization and planning
 - C. Emotional and social insight
 - D. All of the above

6. **Children that have experienced severe breaks in the attachment cycle:**
 - A. May have abnormalities in the functioning of the amygdala
 - B. Always have smaller occipital lobes
 - C. Show increased development of their limbic system
 - D. Demonstrate increased left parietal lobe activation

7. **Children with attachment issues are experts in:**
 - A. Pushing the buttons of the primary caregiver
 - B. Splitting parents, teachers, and other professionals
 - C. Taking control in order to get their needs met
 - D. All of the above

8. **Re-establishing the bond between child and caregiver can be facilitated in all of the following ways EXCEPT:**
 - A. Purposely being silly with the child, such as pulling candy out of your socks
 - B. Providing less structure than you might with a child without attachment issues
 - C. Doing activities with the child such as tandem biking and rock climbing
 - D. Interrupting negative cycles with physical activity

9. **In order to help a child with attachment issues one must:**
 - A. First be sure that the primary caregiver is taking care of him/herself in order to have something to give to the child
 - B. Get the most expensive, comprehensive neuropsychological evaluation possible
 - C. Give up now because it is all hopeless
 - D. Find an excellent talk therapist

10. **Which of the following statements is NOT true in regards to the essential role communication plays in the facilitation of healing in children with attachment disorder?**
 - A. It is essential that all parties be talking with each other because these children are good at splitting
 - B. Listening to the primary caregiver is essential as these children often present a completely different side to other adults
 - C. In order for there to be effective treatment, there must be long explanations give to the child each time a parent uses any of the therapeutic techniques
 - D. It is often important that there be frequent communication between parents and school personnel to prevent misunderstandings and manipulation



Office of Education and Regional Programming

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Jennifer Lichok
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 4601 Baum Building, Room 178
 3811 O'Hara Street
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