“BORDERLINE PERSONALITY DISORDER: ASSESSMENT AND TREATMENT” (A028)
2009 Videoconference Series
Quiz for General CEUs, Act 48, CADC/CCDP, CPRP, NBCC, PCHA, Psychologist, and Social Work/LPC/LMFT Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the web cast of the videoconference listed above. In order for Western Psychiatric Institute and Clinic to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit on the next page. After finishing, sign where indicated on the second page and return both forms by mail to:
Jennifer Lichok
WPIC/OERP
3811 O’Hara Street
Champion Commons, Third Floor
Pittsburgh, PA 15213

TRUE/FALSE – Please indicate whether the question is true or false.
1. Recent research suggests that a threshold of three diagnostic criteria (rather than the current threshold of five criteria used for a categorical diagnosis) provides a good indicate of the presence of borderline personality disorder.
   A. True
   B. False

2. Suicidality is not one of the diagnostic criteria that show differences related to age.
   A. True
   B. False

3. Attachment theory is fundamentally a model of emotional experience and their regulation in the context of close, interpersonal relationships, and for this reason it can be helpful in understanding and treatment borderline personality disorder.
   A. True
   B. False

4. The interpersonal challenges posed by patients with personality disorders (especially BPD) require that clinicians treating such patients work together in teams providing peer supervision in order to ensure the best standard of care.
   A. True
   B. False

5. A patient is considered to be receiving Dialectical Behavior Therapy when he/she is only enrolled in skills groups.
   A. True
   B. False

PLEASE CONTINUE TO NEXT PAGE
TRUE/FALSE – Please indicate whether the question is true or false.
   A. True
   B. False
7. The main dialectic in Dialectical Behavior Therapy concerns balancing acceptance strategies while continually pushing for change.
   A. True
   B. False
8. The following is the treatment hierarchy for individual therapy in order of treatment priority for Stage 1 Dialectical Behavior Therapy
   1. suicidal behavior
   2. therapy-interfering behavior
   3. quality of life interfering behavior
   4. skills use
   A. True
   B. False
9. During Dialectical Behavior Therapy treatment team meetings, the priority is for clinicians to work together to make sure that the administrative aspects of the program are running smoothly.
   A. True
   B. False
10. Telephone coaching is an opportunity for patients to receive help from their therapist in using skillful means to manage suicidal urges.
    A. True
    B. False
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**APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR General CEUs, Act 48, CADC/CCDP, CPRP, NBCC, PCHA, Psychologists, and Social Work/LPC/LMFT (2.0 CREDIT HOURS)**

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