“Family Therapy with Adolescents with Depression: A Positive Biopsychosocial Approach” (A018)

2008 Videoconference Series
Quiz for General CEUs, CAC, CPRP, NBCC, Psychologist or Social Work/LPC/LMFT Continuing Education Credit (2.0 credit hours)

DIRECTIONS: Complete this test after viewing the webcast of the videoconference listed above. In order for Western Psychiatric Institute and Clinic to record that you completed the training, please complete this test and the Application/Validation for Continuing Education Credit on the next page. After finishing, sign where indicated on the second page and return both forms by mail to:

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3811 O’Hara Street
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Pittsburgh, PA 15213

TRUE/FALSE – Indicate whether the statements below is TRUE or FALSE.

1. The most common method of completed suicide among teens is ingestion of medication.
   A. True  B. False

2. In late adolescence it is common for teens to rediscover the importance of some of their family social and cultural traditions.
   A. True  B. False

3. A teens’ signed “safety contract” is called a 302 commitment.
   A. True  B. False

4. Statistics show that suicide rates among African American teens is lower than rates among white teens.
   A. True  B. False

5. Statistics indicate that males attempt suicide more often than females.
   A. True  B. False

6. Research would seem to indicate a bi-directional or reciprocal influence between a depressed teen and his/her family.
   A. True  B. False

7. Utilizing “enactments” is an effective means of attempting to assist a family in experiencing a different outcome in their patterns of interaction.
   A. True  B. False

8. A behavioral indicator of increased risk for suicide could be giving away one’s possessions.
   A. True  B. False

9. A family history of completed suicide is NOT a risk factor for a teen attempting suicide.
   A. True  B. False

10. Utilizing a “reframe” is an effective way to attempt to block a pattern of interaction.
    A. True  B. False

11. A strong parent-child relationship serves as a protective factor against suicide.
    A. True  B. False

12. The existence of a mental health disorder in a teen is a risk factor for suicide.
    A. True  B. False

Western Psychiatric Institute and Clinic is part of UPMC Presbyterian Shadyside
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APPLICATION/VALIDATION SHEET FOR CONTINUING EDUCATION CREDIT FOR General CEUs, CAC/CCDP, NBCC, Psychologists and Social Work/LPC/LMFT CREDIT ONLY (2.0 CREDIT HOURS)

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1. Print your name, address, and social security number clearly below.
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   3811 O’Hara Street
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I hereby affirm that I viewed the videoconference web cast indicated above:

Please mail these two forms to the above address. If your score is 80% or above, you will receive a certificate via mail. If you have any questions please call Jennifer Lichok at 412-204-9088.