A crisis can affect a whole campus or a single individual. We can help you respond effectively to your students and staff after an unanticipated and stressful event.
Students and staff that have access to effective supports make for better campus environments, with better student and staff retention.

An accident or fire. A violent act. A weather-related disaster. The death of a loved one. People who experience events like these sometimes need help in their aftermath. They may be confused by their physical and emotional responses, and they may not know where to turn for support.

The Crisis Training Institute, a program of Western Psychiatric Institute and Clinic of UPMC Presbyterian Shadyside, can train your staff to respond appropriately and effectively to members of your campus community when something unanticipated and stressful happens.

It may not be enough for a college to know who, what, when, and where they will mobilize when there is a crisis. How will the school’s team respond? The Crisis Training Institute helps institutions prepare to act as soon as they recognize the impact of a crisis, and gives them meaningful strategies to enact. The institute also educates the response team on how to provide compassion, normalization, and validation of each person’s response to a crisis, psychological education, and interventions to support networks that help people recover. These principles apply to a wide variety of incidents from those that affect the whole campus to those that affect an individual.

In addition to providing training based on the International Critical Incident Stress Foundation’s model, we offer organizational assessments and strategic planning tailored to the unique needs of each group with which we work.

To consult with the Crisis Training Institute about your institution’s critical incident response plans, call 412-802-6900.